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RESEARCH ARTICLE

FORMULATION AND EVALUATION OF FAST DISSOLVING TABLETS OF ROSUVASTATIN

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*Corresponding Author's E-mail: jaskiratsingh88889@gmail.com, Contact No: +91-8968590808**ABSTRACT**

The objective of the present study was to formulate and evaluate fast dissolving tablets of Rosuvastatin (BCS Class II drug) to enhance solubility, improve bioavailability and patient compliance especially for the paediatric and geriatric patients with sufficient therapeutic benefits. Rosuvastatin exhibits poor solubility in water and low bioavailability of approximately 20%. Four solid dispersions (1:1, 1:2, 1:4 and 1:6 w/w) were prepared by melting method using PEG 4000 as a polymer. Solid dispersions were characterized for drug content uniformity, XRD, DSC and *in vitro* dissolution studies. It was then further compressed into tablets by direct compression method using different superdisintegrants like sodium starch glycolate, croscopovidone and croscarmellose sodium. All the fast dissolving tablets were evaluated for pre compression parameters such as angle of repose (θ), bulk and tapped density, percentage compressibility (%) and Hausner ratio. Post compression parameters like general appearance, uniformity of weight, tablet hardness, thickness, friability, estimation of drug content, *in vitro* disintegration time, wetting time, *in vitro* dispersion time and water absorption ratio were evaluated. Among the solid dispersions prepared and based on the dissolution studies performed, SD4 formulation having 1:6 ratio was selected for the preparation of fast dissolving tablets. Croscopovidone as superdisintegrant was found to be ideal for rapid dispersion and for improving dissolution rate, which in turn increased the bioavailability. The drug release of tablet formulations in the presence of various superdisintegrants was in the order of croscopovidone > croscarmellose sodium > sodium starch glycolate. This study indicated the possibility of utilizing the selected best formulation F6 in the preparation of Rosuvastatin fast dissolving tablet as a new dosage form for oral administration having increased solubility, improved bioavailability, rapid dissolution and more patient compliance.

Keywords: Rosuvastatin, solid dispersion, PEG 4000, Fast dissolving tablets, croscopovidone, superdisintegrants

INTRODUCTION

Oral ingestion is the most convenient and commonly employed route of drug delivery due to its ease of administration, safety, high patient compliance, cost-effectiveness, least sterility constraints and flexibility in the design of dosage form. Among all newly discovered chemical entities about 40% of the drugs are lipophilic in nature and they fail to reach market due to their poor aqueous solubility. However, the major challenge in designing an oral dosage form lies with their poor bioavailability¹. Limited drug absorption resulting in poor bioavailability is paramount amongst the potential problems that can be encountered when delivering an active agent by the oral route. When delivering an active agent orally, it must first dissolve in gastric fluids before it can permeate the membranes of the gastrointestinal tract to reach the systemic circulation². The oral bioavailability depends on several factors including aqueous solubility, drug permeability, dissolution rate, first-pass metabolism, pre systemic metabolism and susceptibility to efflux mechanism³. Among all the orally administered dosage forms, tablet is most preferred because of its ease of administration, compactness and flexibility in manufacturing.

A fast dissolving tablet dissolves or disintegrates in the oral cavity without the need of water or chewing⁴. Many patients groups such as the elderly, children and patients who are mentally retarded, uncooperative, nauseated or on reduced liquid-intake have difficulties in swallowing ordinary tablets. For such patients, fast dissolving tablets dosage form is a better alternative for oral medication⁵. Dysphagia is a common problem for all age groups especially the elders and the paediatrics because of physiological changes associated with this group. Fast dissolving tablets are not only indicated for people who have swallowing difficulties, but are also ideal for active people⁶. Fast dissolving tablets have been investigated for their potential in improving bioavailability of poorly soluble drugs through enhancing the dissolution profile of the drug.

Rosuvastatin is a hydroxymethylglutaryl (HMG-CoA) reductase selective and competitive inhibitor. It is an antilipidemic agent used in the treatment of dyslipidemia having absolute bioavailability of approximately 20% belonging to class II of Biopharmaceutical classification system⁷. Rosuvastatin is a white crystalline powder that is poorly soluble in water, sparingly soluble in methanol and slightly soluble in ethanol. After oral administration,

Rosuvastatin is well absorbed from gastrointestinal tract. Peak plasma concentration was reached at 3-5 hours following oral dosing. It has got elimination half life of approximately 19 hours and 88% of Rosuvastatin calcium has the tendency to protein binding.

Based on the above physicochemical and biopharmaceutical properties, it was decided to formulate fast dissolving tablets of Rosuvastatin, enhancing its solubility by solid dispersion method which may be a better option for immediate effect, uniform plasma concentration profile, enhanced bioavailability and patient compliance with sufficient therapeutic benefits. As the drug exhibits poor solubility in water and low bioavailability due to incomplete absorption, it demands for a drug delivery system to enhance its absorption. PEG 4000 is soluble in water, physiologically inert, non-toxic and thermally stable at melting temperature. These properties make it ideally suitable for formulating solid dispersions.

MATERIAL AND METHODS

Material

Rosuvastatin was purchased as a gift sample from Solrex Pharmaceuticals Pvt. Ltd., Baddi, India. Sodium starch glycolate (Explotab®), crospovidone (Polyplasdone®), croscarmellose sodium (Ac-di-sol) and PEG 4000 were purchased from S.D. fine chemicals Ltd, Mumbai, India.

All other chemicals were of analytical reagent grade and procured from commercial sources.

Methods

Formulation of solid dispersions

The solid dispersions were prepared by melting together Rosuvastatin and PEG 4000 in different weight ratios 1:1, 1:2, 1:4 and 1:6. Respective amount of carriers were melted in a glass beaker and the drug was added to it and dispersed. The mixtures were stirred repeatedly, after 10 minutes cooled either at room temperature or by placing the closed container for 15 minutes in an ice bath. After cooling at ambient temperature the solid dispersions were kept in dessicator for 24 hours⁸.

Formulation of fast dissolving tablets

Fast dissolving tablets were made from best formulation of solid dispersions which was 1:6 by direct compression method. Drug was mixed with superdisintegrants i.e. sodium starch glycolate, croscarmellose sodium and crospovidone, microcrystalline cellulose, lactose as diluent, magnesium stearate as lubricant and talc as glidant. All ingredients were passed through mesh #60. 70 mg of which is the best formulation of solid dispersions of Rosuvastatin was compressed by using single punch tablet machine. (Rolex, India) Average tablet weight was adjusted to 250 mg⁹.

Table 1: Formulation of Rosuvastatin fast dissolving tablets

Ingredients (mg)	Formulation code								
	F1	F2	F3	F4	F5	F6	F7	F8	F9
S.D. complex*	70	70	70	70	70	70	70	70	70
SSG*	5	10	15	--	--	--	--	--	--
Crospovidone	--	--	--	5	10	15	--	--	--
Croscarmellose	--	--	--	--	--	--	5	10	15
MCC*	85	80	75	85	80	75	85	80	75
Lactose	80	80	80	80	80	80	80	80	80
Talc	5	5	5	5	5	5	5	5	5
Mg stearate	5	5	5	5	5	5	5	5	5
Total weight	250	250	250	250	250	250	250	250	250

*S.D. Complex = solid dispersion complex SD4 (1:6) equivalent to 10mg of drug, SSG = Sodium Starch Glycolate, MCC = Micro Crystalline Cellulose

Pre compression parameters of fast dissolving tablets

Angle of repose (θ)

The angle of repose was then calculated by measuring the height and radius of the heap of granules formed¹⁰.

$$\theta = \tan^{-1} (h/r)$$

Where, θ is the angle of repose and h is the height and r is the radius

Bulk and Tapped density

The accurately weighed amount of sample was taken in a 25 ml measuring cylinder of borosil recorded the volume

of packing and tapped 100 times on a plane hard wooden surface and tapped volume of packing was recorded¹⁰.

$$\text{LBD (Loose Bulk Density)} = \frac{\text{Mass of powder}}{\text{Bulk Volume}}$$

$$\text{TBD (Tapped Bulk Density)} = \frac{\text{Mass of powder}}{\text{Tapped Volume of packing}}$$

Carr's compressibility index (%)

The Carr's index is frequently used as an indication of the flowability of a powder. Percent compressibility of powder mix was determined by Carr's compressibility index.

$$\% \text{ Carr's Index} = \text{TBD} - \text{LBD} / \text{TBD} * 100$$

where, LBD = Loose Bulk Density and

TBD = Tapped Bulk Density

Hausner Ratio

Hausner Ratio is a number that is correlated to the flowability of a powder or granular material. Compressibility index has been defined by Hausner. It is calculated as:

Hausner Ratio = Tapped Bulk Density / Loose Bulk Density

Evaluation of fast dissolving tablets

General appearance

Tablets of different formulations were randomly selected and organoleptic properties such as colour, odour, taste, shape, were evaluated.

Uniformity of weight

As per IP, twenty tablets were taken randomly from each formulation and weighed collectively and average weight was calculated using digital balance. The individual weights were compared with the average weight for obtaining weight variation.

Tablet hardness

The hardness of the tablets was determined using Monsanto hardness tester. It is expressed in kg/cm^2 . Three tablets were randomly picked and hardness of the same tablets from each formulation was determined¹¹.

Tablet thickness

Ten tablets from each batch formulation were selected randomly and their thickness was measured by the vernier-caliper (Tresna, India).

Friability

Roche friabilator was used for the purpose. Pre-weighed sample of tablets was placed in the friabilator and were subjected to 100 revolutions. Tablets were dusted using a soft muslin cloth and reweighed. Compressed tablets should not lose more than 1% of their original weight.

Estimation of drug content

Drug content of fast dissolving tablets of Rosuvastatin was calculated by weighing ten tablets of each formulation. A quantity of powder equivalent to 10 mg of Rosuvastatin was dissolved in methanol and solution was filtered through a $0.45 \mu\text{m}$ whatmann filter paper. Rosuvastatin content was determined by measuring the absorbance at 242 nm at UV visible spectrophotometer after appropriate dilution with methanol. The drug content was determined using calibration curve. The mean percent drug content was calculated as an average of three dimensions¹².

In vitro disintegration time

The disintegration time was measured using disintegration test apparatus. One tablet was placed in each of the six tubes of the basket. The basket with the bottom surface made of a stainless-steel screen (mesh no. 10) was immersed in water bath at $37 \pm 2^\circ\text{C}$ having

phosphate buffer pH 6.8. The assembly should be raised and lowered between 30 cycles per minute in the pH 6.8. The time in seconds required for complete disintegration was determined using a stop watch¹³.

Wetting time

A piece of tissue paper folded twice was placed in a small petridish ($d = 5 \text{ cm}$) containing 6 ml of water, a tablet was put on the paper. The time required for water to reach the upper surface of the tablet and to completely wet the tablet was noted as wetting time¹⁴.

In vitro dispersion time

In vitro dispersion time was measured by dropping a tablet in a measuring cylinder containing 6 ml of phosphate buffer pH 6.8. Three tablets from each formulation were randomly selected and *in vitro* dispersion time was performed. *In vitro* disintegration is measured by observing the time taken by the tablets to undergo uniform dispersion in pH 6.8 buffer.

Water absorption ratio

A piece of tissue paper folded twice was placed in a small petridish containing 6 ml of distilled water. A tablet was put on the paper and the time required for complete wetting was measured. The wetted tablet was then weighed. The weight of the tablets prior to placing in Petridish was noted (W_b) using the digital balance. The weighted tablet was removed and reweighed (W_a).

Water absorption ratio was determined by using equation

$$R = 100 * (W_a - W_b) / W_b$$

where, W_a = weight of the tablet after water absorption.

W_b = weight of the tablet before water absorption.

In vitro release studies

In vitro release studies were carried out using tablet dissolution test apparatus (USP type-II dissolution apparatus). The samples were withdrawn at different time intervals and analysed at 242 nm using phosphate buffer pH 6.8 as blank. Dissolution medium containing 900 ml of phosphate buffer at pH 6.8 rotating at a speed of 75 rpm and temperature conditions at $37 \pm 0.5^\circ\text{C}$ are *in vitro* dissolution parameters used *in vitro* dissolution studies. Aliquots, each of 5 ml, from the dissolution medium were withdrawn at time intervals of 5, 10, 15, 20, 25 up to 60 minutes and replenished by an equal volume of fresh dissolution medium to maintain sink conditions. The samples were filtered through $0.45 \mu\text{m}$ whatman filter paper analyzed by measuring the absorbance at 242 nm. Drug concentration was calculated from the standard calibration curve and expressed as cumulative percent drug dissolved¹⁵.

Drug release kinetics

To establish a relationship between the release kinetics of the dissolution study, data obtained from *in vitro* dissolution study was fitted into various kinetic models. Zero order as cumulative percent of drug dissolved vs. time, first order as log cumulative percentage of drug remaining vs. Time, Higuchi's model as cumulative

percent drug dissolved vs. square root of time, Korsmeyer and Peppas equation as log cumulative percentage of drug released vs. log time and the exponent n was calculated from slope of the straight line. If exponent is 0.5, then diffusion mechanism is fickian; if $0.5 < n < 1.0$, mechanism is non-fickian.

Comparison with marketed formulation

The promising formulation was compared with the conventional marketed formulation which is 10 mg Crestor tablet (Astrazeneca, Bangalore) for *in vitro* dissolution studies between the best released formulation and conventional marketed formulation.

Stability studies

The stability studies were studied at different temperature conditions according to ICH guidelines at $25\text{ }^{\circ}\text{C} \pm 2\text{ }^{\circ}\text{C} / 60\% \pm 5\% \text{ RH}$ for real and at $40\text{ }^{\circ}\text{C} \pm 2\text{ }^{\circ}\text{C} / 75\% \text{ RH} \pm 5\%$ for accelerated stability studies. The samples were withdrawn at different time intervals as 0, 7, 15, 30, 60 and 90 days. The selected formulation was subjected to stability studies for 3 months. Samples were evaluated for colour, thickness, hardness, drug content, *in vitro* disintegration time, friability and *in vitro* drug release studies¹⁶.

Table 2: Pre compression parameters of FDTs of Rosuvastatin

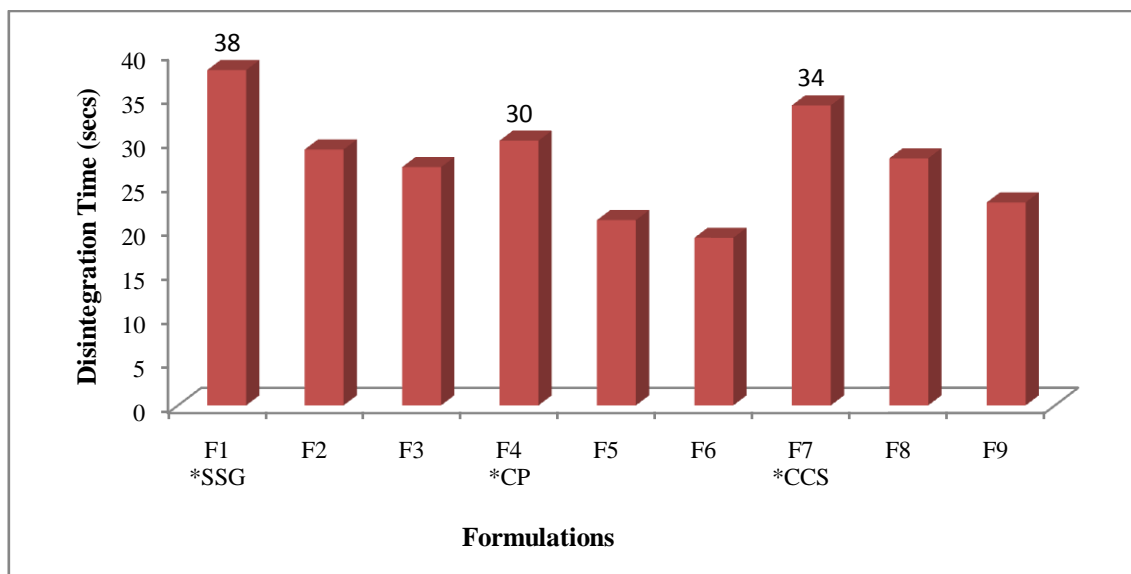
Batch	Angle of Repose (θ)	Bulk density (gm/cm^3)	Tapped density (gm/cm^3)	Carr's index (%)	Hausner Ratio
F1	29.19 ± 0.59	0.61 ± 1.32	0.71 ± 0.51	14.08 ± 1.51	1.163 ± 0.15
F2	27.89 ± 1.61	0.62 ± 0.51	0.71 ± 1.09	12.61 ± 0.77	1.145 ± 0.87
F3	29.68 ± 0.58	0.60 ± 0.44	0.70 ± 1.47	14.27 ± 1.83	1.166 ± 0.65
F4	28.53 ± 0.78	0.61 ± 0.79	0.72 ± 0.99	14.98 ± 0.57	1.179 ± 0.81
F5	30.28 ± 1.16	0.59 ± 1.72	0.69 ± 1.34	14.49 ± 0.98	1.169 ± 0.77
F6	29.77 ± 1.17	0.59 ± 0.78	0.68 ± 0.67	13.23 ± 0.64	1.152 ± 1.22
F7	30.62 ± 0.47	0.60 ± 1.11	0.69 ± 0.89	13.09 ± 0.22	1.150 ± 1.09
F8	28.94 ± 0.78	0.63 ± 0.61	0.72 ± 0.76	12.51 ± 0.77	1.142 ± 0.77
F9	29.22 ± 0.58	0.64 ± 0.55	0.75 ± 1.77	14.66 ± 0.81	1.171 ± 0.81

Table 3: Weight variation, hardness, thickness, friability and drug content of fast dissolving tablets

Batch	Weight variation (mg)	Hardness Kg/cm^2	Thickness (mm)	Friability (%)	Drug content (%)
F1	249 ± 0.35	3.9 ± 0.21	2.76 ± 0.19	0.43 ± 0.71	98.39 ± 0.24
F2	248 ± 0.23	4.3 ± 0.13	2.74 ± 0.14	0.31 ± 0.33	98.76 ± 0.22
F3	251 ± 0.44	4.3 ± 0.18	2.73 ± 0.36	0.38 ± 0.42	99.62 ± 0.18
F4	249 ± 0.21	4.4 ± 0.11	2.77 ± 0.69	0.29 ± 0.09	97.34 ± 0.54
F5	248 ± 0.09	4.2 ± 0.23	2.73 ± 0.85	0.31 ± 0.23	98.85 ± 0.86
F6	249 ± 0.17	4.1 ± 0.12	2.75 ± 0.51	0.30 ± 0.87	99.61 ± 0.19
F7	251 ± 0.54	4.0 ± 0.16	2.71 ± 0.28	0.46 ± 0.56	98.33 ± 0.55
F8	247 ± 0.49	4.0 ± 0.12	2.71 ± 0.42	0.48 ± 0.43	99.74 ± 0.87
F9	248 ± 0.67	4.2 ± 0.10	2.72 ± 0.41	0.42 ± 0.21	99.25 ± 0.20

Table 4: *In vitro* disintegration time, wetting time, *In vitro* dispersion time and water absorption ratio of fast dissolving tablets

Batch	<i>In vitro</i> Disintegration time (sec)	Wetting time (sec)	<i>In vitro</i> dispersion time (sec)	Water Absorption ratio (%)
F1	38 ± 0.55	52.34 ± 0.37	49.11 ± 0.74	53.18 ± 1.14
F2	29 ± 0.95	31.43 ± 1.03	38.22 ± 1.26	59.48 ± 0.74
F3	27 ± 0.20	30.71 ± 1.54	36.14 ± 0.45	62.35 ± 1.23
F4	30 ± 0.15	41.01 ± 0.34	43.76 ± 0.82	54.63 ± 0.56
F5	21 ± 0.91	35.66 ± 1.44	40.73 ± 0.57	62.21 ± 1.13
F6	19 ± 0.34	27.43 ± 0.57	32.18 ± 0.72	68.75 ± 0.82
F7	34 ± 0.47	47.76 ± 0.25	45.62 ± 0.13	58.89 ± 1.01
F8	28 ± 0.63	38.74 ± 0.66	41.83 ± 0.98	60.17 ± 0.84
F9	23 ± 0.23	29.59 ± 0.72	37.30 ± 0.19	64.93 ± 0.37

**Figure 1: Disintegration time for fast dissolving tablets****Table 5: Best fit models for all the formulations**

Formulation code	Zero Order r^2	First Order r^2	Higuchi r^2	Hixon Crowel r^2	Korsemeyer and Peppas 'n'	Release order and Main Transport Mechanism
F1	0.931	0.987	0.983	0.977	0.760	First order, Non-fickian
F2	0.875	0.982	0.966	0.979	0.759	First order, Non-fickian
F3	0.882	0.994	0.946	0.978	0.731	First order, Non-fickian
F4	0.815	0.981	0.979	0.943	0.703	First order, Non-fickian
F5	0.787	0.984	0.974	0.949	0.699	First order, Non-fickian
F6	0.733	0.970	0.950	0.915	0.687	First order, Non-fickian
F7	0.871	0.994	0.933	0.925	0.758	First order, Non-fickian
F8	0.842	0.990	0.932	0.915	0.755	First order, Non-fickian
F9	0.756	0.976	0.952	0.926	0.735	First order, Non-fickian

Table 6: Comparison with marketed formulation (Crestor)

Time (mins)	F6	Marketed Formulation
2.0	57.17 ± 0.19	38.87 ± 0.91
4.0	70.31 ± 0.49	46.45 ± 0.23
6.0	78.83 ± 0.61	49.39 ± 0.77
8.0	85.14 ± 0.79	57.22 ± 0.36
10.0	91.16 ± 0.84	64.63 ± 0.44
12.0	95.76 ± 0.37	69.55 ± 0.71

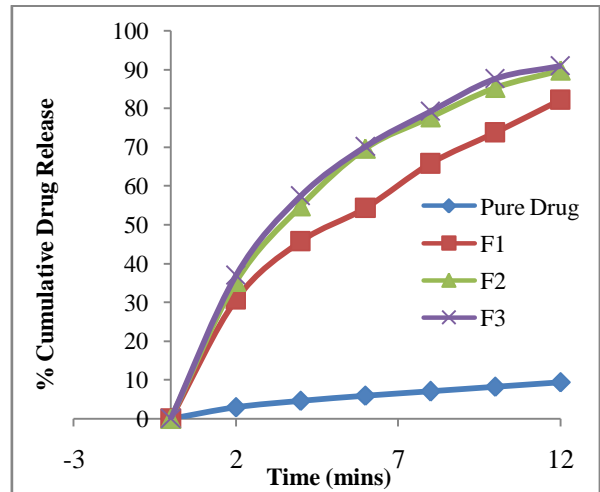


Figure 2: *In vitro* drug release of FDTs with sodium starch glycolate

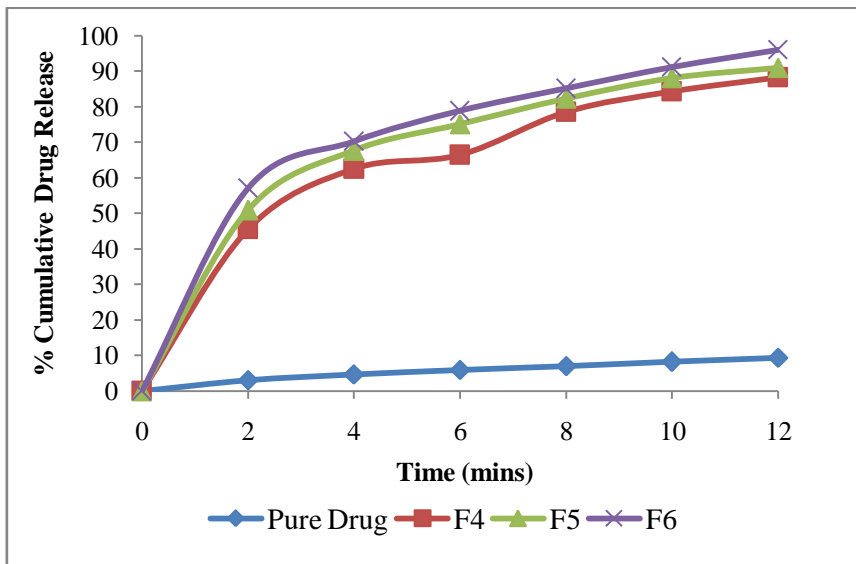


Figure 3: *In vitro* drug release of FDTs with crospovidone

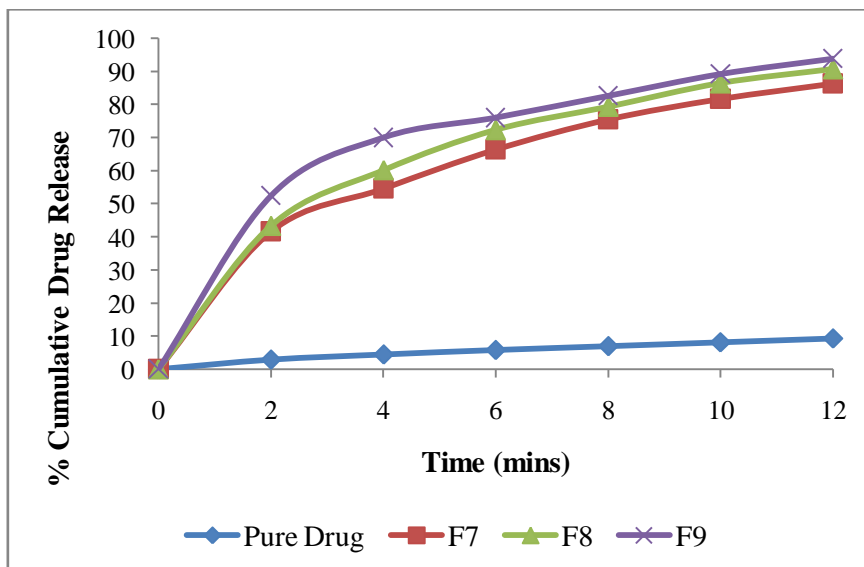


Figure 4: *In vitro* drug release of FDTs with croscarmellose sodium

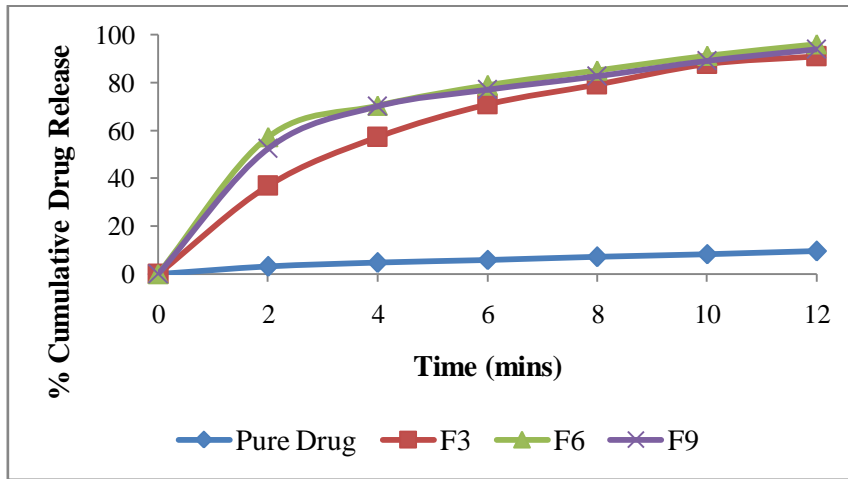


Figure 5: Comparative *in vitro* drug release of FDTs for formulations F3, F6 and F9

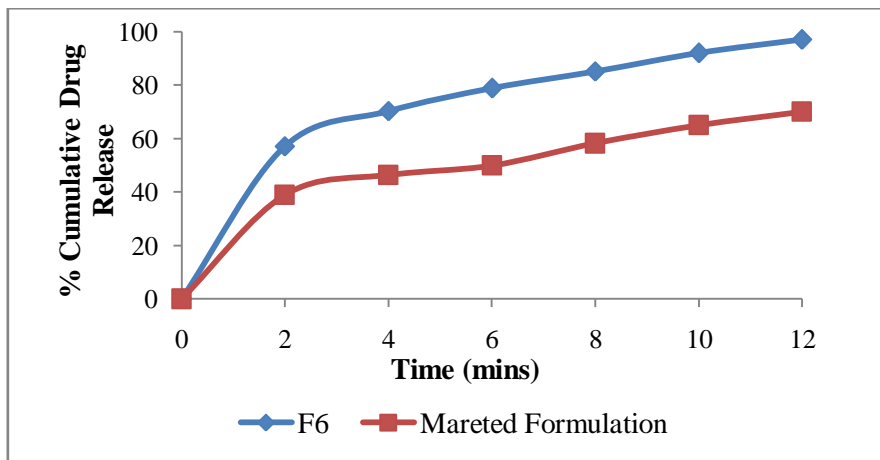


Figure 6: Percentage cumulative drug release of FDTs for F6 and marketed product

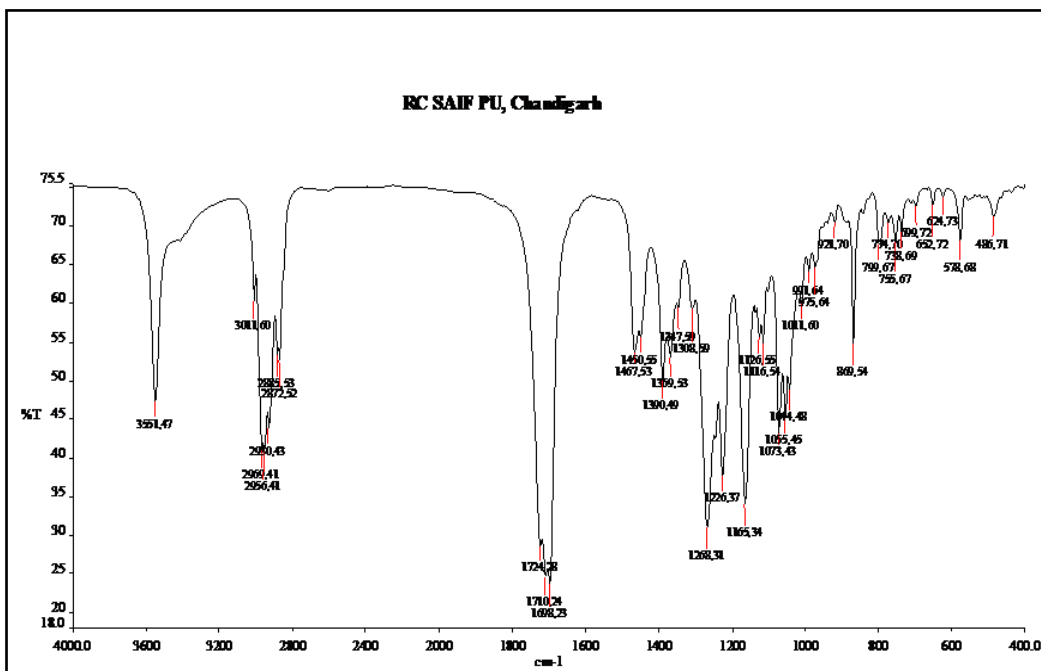


Figure 7: FTIR spectra of pure Rosuvastatin

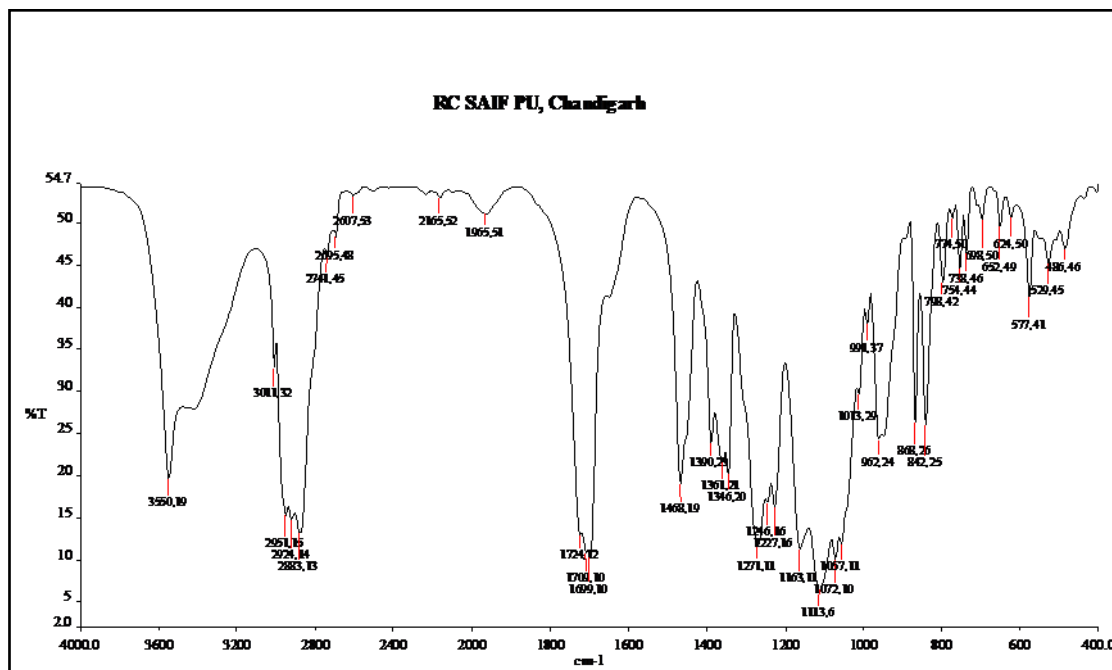


Figure 8: FTIR spectra of Rosuvastatin with PEG 4000 (1:1)

RESULTS AND DISCUSSION

The model drug selected (Rosuvastatin) was characterized and analyzed for its physical appearance and solubility, which complies with the monograph as specified in Indian pharmacopoeia and British pharmacopoeia. UV and IR spectral analysis was done and the drug shows similar data as mentioned in different official publications. By FTIR analysis of pure Rosuvastatin showed characteristic peaks at 3551 cm⁻¹, 1658 cm⁻¹, 1656 cm⁻¹, 1522 cm⁻¹, 1756 cm⁻¹ and 1224 cm⁻¹ these are almost same as reported in the monograph for Rosuvastatin. Drug-polymer interaction study by FTIR for pure drug, PEG 4000, crospovidone, croscarmellose sodium and sodium starch glycolate showed that there were no significant changes in the position of the characteristic peaks of drug when mixed with superdisintegrants which indicated compatibility of polymers with the drug. *In vitro* dissolution study showed increased dissolution rate as compared to pure drug for the solid dispersions. SD4 formulation showed highest release and 100% drug was released in 60 minutes. The pattern of drug release was SD4 > SD3 > SD2 > SD1 > pure drug. Before the compression, the powder blends were subjected to pre compression evaluation to determine the flow properties and the compressibility. The angle of repose of pre compressed blend of Rosuvastatin of formulations F1 to F9 was in the range of 27°.89' ± 1.61 to 30°.62' ± 0.47 thus indicating that the studied blends have excellent flow properties, because for a blend to have excellent flow properties value of θ should be between 25-30°. Bulk density and tapped density for all the formulations were found in the range between 0.59 ± 0.78 g/cm³ to 0.64 ± 0.55 gm/cm³ and 0.68 ± 0.67 gm/cm³ to 0.75 ± 1.77 gm/cm³ respectively. The compressibility index of pre compressed blends of Rosuvastatin formulations F1 to F9 was in the range of 12.51 ± 0.77 % to 14.98 ± 0.57 %,

indicating the good flow properties of powder blend. Hausner ratio of pre compressed blends of Rosuvastatin formulations F1 to F9 was in the range of 1.142 ± 0.77 to 1.179 ± 1.89 indicating that the studied blends have good flow rate. Tablets showed flat, circular shape, white in colour and were odorless. Results revealed that all the tablets possessed good mechanical strength. Friability values were in between 0.29 ± 0.09 to 0.48 ± 0.43. The drug content in different tablet formulations was highly uniform and was in the range of 97.34 ± 0.54 % to 99.74 ± 0.87 % i.e. within the permissible limits of I.P Disintegration time was observed in the order of crospovidone < croscarmellose sodium < sodium starch glycolate. Crospovidone was the best superdisintegrant showing the shortest disintegration time. Crospovidone quickly wicks saliva to generate the volume of expansion and hydrostatic pressure through capillary action resulting in secondary swelling and rupture of interparticulate bonds and in tablet disintegration. All formulations showed quick wetting in the range of 27seconds to 52 seconds. This may be due to ability of swelling and also capacity of absorption of water. All superdisintegrants have high water absorption capacity and cause swelling. The efficiency of the superdisintegrants was in the order crospovidone > croscarmellose sodium > sodium starch glycolate. Water absorption ratio indicated good absorptivity. More the superdisintegrant concentration, greater was the water uptake and therefore increase in water absorption was seen due to water uptaking ability of superdisintegrants. The fast drug dissolution was observed in F3, F6 and F9, which released 90.88 ± 0.55, 95.76 ± 0.37 and 93.91 ± 0.61 % drug release respectively at the end of 12 minutes. The fast dissolution might be due to faster breakdown of particles and rapid absorption of drug. All the formulations showed first order release kinetics. The value of 'n' in the entire fast dissolving tablet formulations was more than 0.5 suggesting that drug

released from the system was by Non-fickian diffusion. The conventional marketed product gave 69.55 ± 0.71 of drug release in 12 minutes of dissolution study. *In vitro* dissolution profile of marketed product i.e. Crestor (10 mg) showed that the formulation F6 with 95.76 ± 0.37 % drug release has better drug dissolution in comparison with the conventional marketed product. The results of stability studies depicted that fast dissolving tablet formulations remained clear even after a period of time. There was a small difference between the formulations and it was found to be consistent with respect to their physicochemical parameters during the stability study.

CONCLUSION

In the present research a successful attempt was made to formulate fast dissolving tablets of Rosuvastatin by direct compression method to improve solubility, bioavailability and patient compliance especially for the pediatric and geriatric patients. Rosuvastatin has poor solubility in water. It is a BCS Class II drug. The present study has shown that it is possible to increase the dissolution rate of poorly soluble drug Rosuvastatin by preparing it as solid dispersions with carriers like PEG 4000. Solid dispersions prepared by melting method in the ratio of 1:6 for drug and carrier exhibit rapid dissolution rate when compared with pure drug. Fast dissolving tablets of Rosuvastatin prepared by using various superdisintegrants showed rapid dissolution when compared with the marketed tablets. Based on the

study, it may be concluded that Rosuvastatin tablets prepared by using solid dispersions with crospovidone as superdisintegrant was found to be ideal for rapid disintegration and for improving dissolution rate, which in turn increased the bioavailability. Crospovidone was the best superdisintegrant showing the shortest disintegration time. Crospovidone quickly wicks saliva to generate the volume of expansion and hydrostatic pressure, this is necessary to provide the rapid disintegration in the mouth. The drug release of tablet formulations in the presence of various superdisintegrants were in the order of crospovidone > croscarmellose sodium > sodium starch glycolate. This study indicates the possibility of utilizing the selected best formulation F6 in the preparation of Rosuvastatin fast dissolving tablet as a new dosage form for oral administration having increased solubility, improved bioavailability, rapid dissolution and more patient compliance.

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CONFLICTS OF INTEREST: None

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