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Review Article

## A Review on Natural Plants for Phytochemical Constituents and Pharmacological Activities

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### Abstract

The present review aims for the study of phytoconstituents and pharmacological activities of some natural plants. The traditional medicinal plants have been found to acquire therapeutic activities significantly antimicrobial, anti-inflammatory antibacterial, anti-fungal, antioxidant properties etc. The plant-derived constituents are majorly for the ailments of used skin disease diabetes, bronchitis, asthma, arthritis, dry cough, ulcer and fever. The antimicrobial activity of the following plants like *Justicia adhatoda*, *Lantana Camara*, *Acacia leucophloea*, *Holoptelea integrifolia*, *Calotropis Procera*, *chlorophytum tuberosum*, *Bombax ceiba*, *Bacopa monnieri*, *Wedelia trilobata*, *Jatropha gossypifolia* were obtained from the extraction of either leaves, stem or flowers by using ethanol, methanol, aqueous, petroleum ether, chloroform. The phytochemical constituents of the extract have been shown the presence of alkaloids, glycosides, cardiac glucosides tannins, proteins, carbohydrates, saponin, quinines, triterpenes, steroids, polyphenolic, volatile oil, phenols, starch sugar, amino acid, resin and organic acids. This study evidenced the possible use of the mentioned plants as a source of natural medicines which are used as an antimicrobial, anti-inflammatory, anti-bacterial, anti-fungal, antioxidant agents.

**Keywords:** Medicinal plants, Antimicrobial, Anti-inflammatory, Antioxidants.

### INTRODUCTION:

Medicinal plants have played a critical role in maintaining human health and quality of human life for thousands of years. The use of plants as medicines is as old as human civilization itself and out of about species of higher plants reported from the world. Presently about 70% of the world population use herbal medicines, mainly in developing countries for primary health care because of better cultural acceptability of the human body. Many of existing medicinal systems such as Ayurveda, Unani, homoeopathy, naturopathy, Siddha and other alternative medicinal system have been utilizing plants as an effective medicine to cure many harmful diseases.<sup>1</sup>

The world health organization (WHO) has estimated that 80% of the earth's inhabitants relied on traditional medicine for their primary health care needs and most of these therapies involved the use of plant extract of the active compounds. The number of multi-drug resistant microbial strains and the appearance of strains with reduced susceptibility to antibiotics is continuously increasing. This increase has been attributed to indiscriminate use of broad-spectrum antibiotics, immunosuppressive agent, intravenous catheters, organ transplantation and on-going epidemics of HIV infections. Therefore it is a need to search for new infection-fighting strategies to control microbial infections. The anti-microbial activity of some medicinal plants used in Ayurveda and traditional medicinal system for treatment of manifestations caused by microorganisms. Therefore

extracts of the few plants from different families were studied for their potential activity against microbial pathogens. Plants like *Justicia adhatoda*, *Lantana Camara*, *acacia leucophloea*, *holoptelea integrifolia*, *calotropis procera*, *chlorophytum tuberosum*, *bombax ceiba*, *bacopa monnieri*, *wedelia trilobata*, *jatropha gossypifolia*. Were studied for their anti-microbial and other potential pharmacological activities.<sup>2</sup>

The phytochemical constituents which possess activities like anti-bacterial, anti-fungal, anti-inflammatory, anti-oxidant, abortifacient, anti-cholinesterase, anti-tubular activity. Were studied plants containing in the present review of phytochemical constituents like Alkaloids, glycosides, steroid, triterpenes, flavonoids, polysaccharides, proteins, uronic acids, essential oils having anti-tussive, wound healing and anti-microbial activity like growth inhibition. zone appearing as a clear area around the source agent test on Gram-positive bacteria and gram-negative bacteria of *Staphylococcus aureus*, *Bacillus subtilis*, *Pseudomonas aeruginosa*, *Proteus Vulgaris*, *aspergillus Niger*, *aspergillus flavus*, *fusarium oxysporum*, *E.coli*, and *Penicillium digitatum*.<sup>3</sup>

The total plant part of *Justicia adhatoda* has been used in ayurvedic system of medicine for the treatment of various ailments of the respiratory tract in both children and adults. Various parts of the plant are used in Indian traditional medicines for the treatment of asthma, joint pain, lumbar pain, sprains, cold, cough, eczema, malaria, rheumatism,

swelling and venereal disease. The fluid extract and tincture were used as an antispasmodic, expectorant and febrifuge. Plants having Anti-microbial activity, anti-bacterial activity, anti-fungal, anti-oxidant, analgesic, anti-inflammatory activity, anti-diabetic, anti-cancer, anti-tussive, anti-tubercular, wound healing activity, hepatoprotective activity, CNS depressants, hypolipidemic activities were chosen to their review.<sup>4</sup>

## BIOLOGICAL SOURCE, PHYTOCHEMICAL CONSTITUENTS AND PHARMACOLOGICAL ACTIVITIES:

1. *Justicia adathoda* belongs to family *Acanthaceae*, is a diffuse shrub, growing throughout the Indian peninsula. This plant has been used commonly in the ayurvedic system of medicine. The leaf is simple, entire, wavy, ovate, lanceolate, apex acuminate 6 to 14 cm long, 3 to 5.5cm broad, and mid-rib prominent of the lower surface area. The leaf powder was dark green in colour, bitter in taste. The extract of *Justicia adathoda* could from one of the best options for developing novel natural medicine. The anti-microbial activity of leaf extracts of *Justicia adathoda* was done to Alkaloids, glycosides, cardiac glycosides, steroid, triterpenes, resin and saponin which were present in the aqueous and ethanol extract. The isolated phytochemical constituents of *Justicia adathoda* possesses anti-microbial, anti-fungal, anti-bacterial, anti-inflammatory, anti-tussive, anti-tubular activity, respiratory disorders, asthma, and bronchodilator activity. Anti-microbial activity of methanol and leaf extracts of *Justicia adathoda* was tested on *Staphylococcus aureus*, *bacillus subtilis*, *pseudomonas aeruginosa* and *Penicillium digitatum* by the disc diffusion method. The effectiveness of particular anti-microbial agent results in the production of the growth inhibition zone appearing as a clear area around the source agent.<sup>5</sup>

2. *Lantana Camara* belongs to family *Verbenaceae* found in tropical and sub-tropical areas. *Lantana Camara* is a medium-sized perennial aromatic shrub, 2-5 m tall, with quadrangular stems, sometimes having prickles. The leaves are generally oval or broadly lance-shaped, 2-12 cm in length and 2-6 cm broad having a rough surface and a yellow-green to green colour. The antibacterial activity of the leaves and roots extracts of *Lantana Camara* ethanol extracts of phytochemical analysis shows the presence of quinines, alkaloids, terpenes, flavonoids. These plants are used as antipyretic and carminative and in the treatment of respiratory system infections, skin disease. The antibacterial activity of the ethanol extracts of *Lantana Camara* leaves and roots have antibacterial activity against gram-positive and gram-negative strains standard and multi-resistant bacteria isolated from *Pseudomonas aeruginosa* and multi-resistant of *Escherichia coli* with possesses activities shown that gram-positive bacteria are more sensitive to antibiotics. The gram-negative bacteria display some particularities that inhibit antibiotics penetration, as the lipopolysaccharide layer that determines the permeability and susceptibility to antibiotics.<sup>6</sup>

3. *Acacia leucophloea* is a member of the family *Mimosaceae*. This tree grows about 25 m seen in deciduous forests, nearly white bark with pale brown Inner side, leaves bipinnate, compound leaves 3-4 cm long, glabrous, leaflets are oblong and obtuse, flower large terminal tomentose panicles, fruits pod, sessile, thin and flat, seeds 10-16 per pod. The aerial parts extract of acacia species was isolated from the ethanol and chloroform extract of the plants possess anti-microbial activities due to the presence of flavonoids and polyphenolic, glycosides, volatile oil, amino acids, organic acids. *Acacia* species are used in folk medicine by people in rural areas as

a remedy for tuberculosis, leprosy, smallpox, cough, skin ulcers, and toothache. The isolated bacteria against ethanol extract was higher than chloroform extract used in similar concentrations especially *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae*, *Proteus Vulgaris* and *pseudomonas aeruginosa*. The ethanol extract at concentrations of 13 and 6.7% and chloroform extract at 13% showed the largest inhibition zones when compared with other test antibiotics.<sup>7</sup>

4. *Holoptelea integrifolia* belongs to family *Ulmaceae*. It is a medium-sized tree growing to a height of 10-15 m. The bark is pale white-coloured. Leaves are 3-5 inch long, 2-3 inch wide, oval to renal shaped. The flowers are small, greenish-yellow and found in clusters. The fruits are round and the seeds are flat. Both flowers and fruits release a pungent odour when crushed. The ethanol extracts of leaves have anti-bacterial activities due to the presence of phytochemical constituents such as terpenoids, sterols, saponins, tannins, proteins, carbohydrates, alkaloids, phenols, flavonoids, glycosides, and tannins. The isolated crude extracts show antibacterial, anti-fungal, anti-inflammatory, and analgesic, anti-diabetic wound healing activities. It is used in the treatment and prevention of several ailments like leprosy, inflammation, rickets, rheumatism, ringworm, eczema, malaria, intestinal cancer, chronic wounds. The biological studies such as antimicrobial, antihelminthic, antidiabetic, anti-inflammatory, and antioxidant activities were noticeable in crude extracts of various parts of the plant. *Holoptelea integrifolia* may be used as an effective therapeutic remedy in the prevention and treatment of various ailments.<sup>8</sup>

5. *Calotropis procera* belongs to family *Asclepiadaceae*. *Calotropis procera* is a spreading shrub or medium-sized tree reaching 2.5 to 6 m in height. It has a deep taproot 3-4 m deep and a secondary root system with woody lateral roots that may rapidly regenerate adventitious shoots when the plant is injured. The stems are crooked and covered with a fissured corky bark. The fruit is a fleshy and inflated, up to 10 cm or more in diameter. The grey-green leaves are 15-30 cm long and 2.5-10 cm broad and have a succulent and waxy appearance, hence the name *procera*, which means wax in Latin. The ethanol and aqueous extract of the leaves and flowers consist of flavonoids and glycosides as the bioactive constituents. It was used in the treatment of asthma, skin, digestive, respiratory, fever, nausea, vomiting, diarrhoea, cancer and anti-diabetic. The ethanolic leaf extracts of *Calotropis procera* was anti-microbial activity agents *Escherichia coli*, *Staphylococcus aureus*, *Staphylococcus albus*, *Streptococcus pyogenes*, *Streptococcus pneumoniae* and *Aspergillus niger*. The ethanolic extracts of *Calotropis procera* latex gave the widest zone of inhibition (14.1mm) against E-coli using agar well diffusion while 9.0 mm was recorded for the same organism in the disc plate method.<sup>9</sup>

6. *Chlorophytum tuberosum* is an *Asparagus* family. Leaves 15-25 and 1-1.5 cm, ensiform, sheathing at base. Scape 25-35 cm, flowers towards the tip of the spike, racemose. Bracts 1-3 cm long, lanceolate. Flowers white, 2-2.5 cm across. Ovule 4 or more in each cell, stigma simple. Capsule 1-1.5 and 0.8-1 cm, oblong, triquetrous. Seeds 0.3-0.35 cm long irregularly pitted. The anti-microbial activity of aqueous extract of leaves of the preliminary phytochemical screening of leaves reveals the presence of starch, proteins, sugars, tannins, flavonoids, alkaloids and mucilage. *Chlorophytum tuberosum* is used in the treatment of diarrhoea, dysentery, demulcent, and galactagogue. The anti-microbial activities agents such as *Escherichia coli*, *bacillus subtilis* and *Aspergillus Niger* and *C.albicans* as the mention of *Chlorophytum tuberosum* show excellent activity against bacteria as well as fungi.<sup>10</sup>

7. *Bombax ceiba* belonging to family Bombacaceae is commonly known as salami. A large tree, up to 40 m height by 2 m in diameter. The stem is buttressed at the base. Silk cotton tree is a type of native cotton tree with large red flowers. It is traditionally used in Ayurveda. Anti-bacterial activity of aqueous extracts of a steam bark is due to the presence of flavonoids, glycosides, sterol, and terpenoids. *Bombax ceiba* has used as acrid, demulcent, diuretic, inflammation, swelling, boil and burning sensation. The activity against six medically important bacterial strains, namely Gram-positive Bacteria *Bacillus subtilis*, *Bacillus aureus* and *Staphylococcus aureus* and Gram-negative bacteria *Escherichia coli*, *Klebsiella pneumoniae*, and *Pseudomonas aeruginosa*. The aqueous extract was more significant against Gram-positive bacteria than against Gram-negative bacteria. The 100 µg/ml showed the best antibacterial activity as compared to the standard.<sup>11</sup>

8. *Bacopa monnieri* Linn family Scrophulariaceae. *Bacopa monnieri* is a non-aromatic herb. The leaves of this plant are succulent, oblong, and 4–6 mm (0.16–0.24 in) thick. Leaves are oblanceolate and are arranged oppositely on the stem. The flowers are small, actinomorphic and white, with four to five petals. Its ability to grow in water makes it a popular aquarium plant. The anti-microbial activity of the ethanol extract of aerial parts of *Bacopa monnieri* is due to the presence of phytochemical constituents of tetracyclic triterpenoid, saponins, bacosides A and B, saponin, alkaloids, herpes tine, and Brahmin and some flavonoids. *Bacopa monnieri* Linn in the treatment of insanity, epilepsy, and asthma and skin disease. Ciprofloxacin (5 µg/ml) and Clotrimazole (25 µg/ml) were used as Minimum inhibitory concentration of the extract by broth dilution method and agar disc diffusion method. The zone of inhibition was studied by at concentrations of 2, 5 and 10 mg/ml in DMSO. The better effectiveness against gram-positive bacteria than gram-negative bacteria.<sup>12</sup>

9. *Wedelia trilobata* belongs to family Asteraceae. *Wedelia trilobata* is perennial and grows to 45–60 cm high. Stems are green, rounded, rooting at nodes, 10–30 cm long, and the flowering portions ascending, coarsely strigose to spreading hirsute, sometimes subglabrous. Leaves are medium textured, fleshy, usually 4–9 cm long (1.5–) 2–5 cm wide, simple obovate, irregularly toothed or serrate, usually with a pair of lateral lobes. Flowers, solitary, arise in the leaf axils at any height but appear to have the most blossoms at about 10 cm above ground level. Anti-microbial, anti-oxidant and anti-inflammatory activity of dry and fresh parts of leaf, stem, and flower from the water extract of *wedelia trilobata* has phytochemical constituents of tannins, cardiac glycosides, flavonoids, terpenoids, phenols, saponins, and coumarins. The fresh parts water extracts showed that leaf and flower extracts were most potent inhibiting all isolates of with different zones of inhibition of the growth of fungi tested. It is a phytochemical present in the *wedelia trilobata* extract may be responsible and can be used as an antimicrobial, antioxidant and anti-inflammatory agent. It is mainly used in the treatment of reproductive problems, amenorrhoeas, chest cold, dry cough, and fever.<sup>13</sup>

10. *Jatropha gossypifolia* is a Euphorbiaceae family. Shrubs, purplish-green and glandular-hairy on younger parts. Leaves in a close spiral, deeply 3–5-lobed, 7–12 cm, petiole 3–10 cm long, glandular-hairy. Flowers red with yellow centre, unisexual in axillary and terminal monoecious corymbose cymes. Bracts linear-lanceolate, glandular-hairy. Anti-microbial and anti-bacterial activities of ethanol extract of the leaves are due to phytochemical compounds including tannins, flavonoids, saponins, steroids, and triterpenoids. It is used as traditional medicine for the various ailments in

asthma, arthritis, washing wounds, blood purifier, bronchitis, diarrhoea, dysentery, fever, gum infection, leprosy, stomach, ulcer and anti-inflammatory. Antibacterial activity against such as *Escherichia coli*, *Proteus Vulgaris*, *Staphylococcus aureus* and *Bacillus cereus* and *Trichophyton macrophytes* by the disc diffusion method.<sup>14</sup>

## EXTRACTION PROCEDURE:

### Justicia Adathoda:

Five hundred grams of coarse powder of shade dried leaves of *Justicia adhatoda* was extracted successively with petroleum ether (60–80°C), chloroform, ethyl acetate and methanol in a soxhlet extractor for 48 h. dark green residues were obtained after concentrating the extract under reduced pressure (Yield 8.20%, 3.80%, 2.15% and 14.30% respectively). The obtained extracts were stored in desiccators for further phytochemical and antimicrobial investigations. The dried material was tested for its constituents by standard methods. The plant extracts were diluted with respective solvents to the final concentration of 20 mg/ml. Microorganisms like *Escherichia coli*, *Klebsiella pneumonia*, *Staphylococcus aureus*, *Pseudomonas aeruginosa*, *Proteus Vulgaris* and *Candida albicans* were used for the evaluation of their given extraction procedure for the above-mentioned plants in their order.<sup>15</sup>

### Lantana Camara:

Ethanol extracts were prepared using the cold extraction method. *Lantana Camara* (240 g of the fresh leaves and 185 g of the roots) were placed in a flask containing cold ethanol and left in this position for 72 h at ambient temperature. A rotary vacuum pump extractor was used to remove the ethanol from the extracts (under reduced pressure). The extracts presented an antibacterial activity against clinically relevant pathogens (gram-positive and gram-negative). *Lantana Camara* leaves extract was active against *proteus vulgaris* and *V. cholerae* (MIC 128 µg/mL for both strains) in addition the root extract was effective against *proteus vulgaris* and *Pseudomonas aeruginosa* (64 and 128 µg/mL, respectively) the extracts were weighed and stored.<sup>16</sup>

### Acacia Leucophloea:

The *Acacia leucophloea* was studied on crud extract of bark, leaves with 80% ethanol (100ml/gm dry weight) on a water bath for 24hrs using soxhlet apparatus. The solvent was evaporated using a rotary vacuum-evaporator at 50 °C. The anti-bacterial activity against of *Lactobacillus acidophilus*, *Streptococcus sanguinis*, *Streptococcus salivarrius*, *Aggregatibacter* using agar diffusion technique and determine the minimum inhibitory concentration of each extract against dental pathogen.<sup>17</sup>

### Calotropis Procera:

The antimicrobial activity of ethanol, aqueous and chloroform extracts of leaf and latex of *Calotropis procera*. The leaf powder and the latex (10g each) were dissolved in 100 ml of each solvent. The suspended solutions were left to stand for 5 days and labelled accordingly on six bacterias namely, *Escherichia coli*, *Staphylococcus aureus*, *Staphylococcus albus*, *Streptococcus pyogenes*, *Streptococcus pneumonia*. The extracts were filtered and stored at 40°C.<sup>18</sup>

### Chlorophytum Tuberosum:

The *chlorophytum tuberosum* was studied on aqueous extracts of leaves collected the dried powder and shaded powder separately. Leaves are macerate in water for 24 hours and dried by evaporation in vacuum. Dried extracts

are stored at 4°C airtight containers for further study. Aqueous extracts of phytochemicals constituents such as starch, proteins, sugars, tannins, flavonoids, alkaloids and mucilage. The anti-microbial activity agents like *Staphylococcus aureus*, *Escherichia coli*, *Bacillus substilis*, *Proteus vulgaris* and *Aspergillus niger*, *C. Albicans*. All the fresh cultures of microorganisms are prepared in nutrient broth and are incubated for 24 hours at 37°C.<sup>19</sup>

#### **Bombax Ceiba:**

The antibacterial activity of aqueous extracts of the bark of *Bombax ceiba*. The bark of *Bombax ceiba* was dried at room temperature (25-35°C) and prepared the powdered with the help of an electric grinder. The coarse material was macerated with distilled water and 10% of chloroform and keep for 7days. After seven days filter through a muslin cloth and filtrate transfer in evaporating dish and keep on 50°C in a water bath. The percentage yields obtained from the extracts was 21.20%. Aqueous extracts of *Bombax ceiba* was prepared by sterile distilled water (1mg/ml). Further test dilutions were made ranging from 10µg/ml to 100µg/ml by sterile distilled water. The bacterial suspension was prepared by transferring a loopful of inoculum into 1ml sterile saline solution from the stock culture maintained at 4°C in 10ml nutrient broth.<sup>20</sup>

#### **Bacopa monnieri Linn:**

The antimicrobial study on aerial parts of *Bacopa monnieri* petroleum ether and ethanol extract by the powdered plant using soxhlet apparatus. The solvent was removed under reduced pressure, which gave a greenish-black coloured. The dried extract was mixed with dimethyl sulfoxide (DMSO) for antimicrobial study. Preliminary phytochemical screening of the extract gives positive for the presence of saponins, flavonoids and alkaloids. The microorganisms agents such as *Staphylococcus aureus*, *Bacillus substilis*, *Bacillus polymyxin*, *Streptococcus faecalis*, *Pseudomonas aeruginosa*, *Salmonella typhi*, *Vibrio cholerae*, *Shigella dysenteriae*, *Escherichia coli*, *Penicillium notatum* and *Aspergillus niger* respectively.<sup>21</sup>

#### **Wedelia Trilobata:**

The antimicrobial study on leaves aqueous extract of *wedelia trilobata* dried at room temperature. Then 100g of *wedelia trilobata* leaves was distilled in water sign an all-glass Clevenger-type apparatus (n=3). The obtained essential oil was dried over anhydrous  $\text{Na}_2\text{SO}_4$  and measured for calculation of percentage yield. The oil was stored in an amber vial at 4°C until analysis.<sup>22</sup>

#### **Jatropha Gossypifolia:**

The Antimicrobial study on leaves of *Jatropha Gossypifolia* was use petroleum ether, chloroform, and alcohol extracts. About 50 g of powdered material was extracted in a soxhlet extraction apparatus with 250 ml of solvents. The extracts obtained with each solvent were filtered through Whatman filter paper No. 1 and the respected solvents were evaporated (at 40°C) with the help of heating mantle. The sticky greenish-brown substances were obtained and stored in a refrigerator prior to use. Some of the extracts of each solvent were used for the qualitative phytochemical constituents like tannins, lignin, starch grains and saponins. The positive tests are present (+) and negative tests are absent (-).<sup>23</sup>

### **PHARMACOLOGICAL ACTIVITIES:**

#### **• Antibacterial activity:**

The antibacterial activity study on aqueous, methanol, acetone, diethyl ether, chloroform and hexane seeds extracts

of *Bombax Ceiba*. It was determined using 2% nutrient agar medium by the disc diffusion method. Microbial cultures are used for the study like *Escherichia coli*, *Bacillus Subtilis*, *Staphylococcus aureus*, *Enterococcus faecalis* and *Alcaligenes faecalis*. Minimum Inhibitory Concentration (MIC) was determined using different solvents extracts of concentration 50µl, 100µl, 150µl and 200µl to the wells incubating at 37°C for 24hrs. The zone of inhibition was measured in millimetres (mm) compared against Amoxicillin (1ppm), a standard antibiotic.<sup>24</sup>

#### **• Anti-fungal activity:**

The antifungal activity study on petroleum ether, ethyl acetate, chloroform, methanol leaves extracts of *Justicia adhatoda*. The fungal activity against *Proteus Vulgaris* and *Candida albicans* by disc-diffusion method Ketoconazole (10mg disc-1) was used as standard. The filter paper disc impregnated with plant extract of 20 mg individually and ketoconazole disc were placed aseptically on the seeded sabouraud dextrose agar medium which was already swabbed with the test organism and incubated at 37°C for 48hr. The zone of inhibition in millimetres (mm) was measured.<sup>25</sup>

#### **• Antimicrobial Activity:**

Antimicrobial activities were studied on leaves ethanolic extract of *Justicia adhatoda* were carried out using the disc diffusion method. Petri plates were prepared with 20ml of sterile Mueller hinton agar(MHA).The test culture was swabbed on top of solidified media and allowed to dry for 10min and a specific amount of the compound was added to each disc. The loaded discs were placed on the surface of the medium and left for 30min at room temperature for compound diffusion. Streptomycin was used as positive control for bacteria and ketoconazole as positive control for fungi. The plants were incubated for 24 hr at 37°C for bacteria and for 48hr at 28°C for fungi.

#### **Determination of Minimum inhibitory concentration (MIC):**

Minimum Inhibitory Concentration (MIC) of the and ketoconazole extract was performed by broth dilution method at concentrations of the extract ranging from 25µg/ml to 500µg/ml in DMSO against *Staphylococcus aureus*, *Bacillus substilis*, *Bacillus polymyxin*, *Streptococcus faecalis*, all this test microorganisms.<sup>26</sup>

#### **• Anti-inflammatory activity:**

Antimicrobial study on leaves aqueous extract of *wedelia trilobata* The reaction mixture was consisting of 1% aqueous solution of bovine albumin fraction, pH of the reaction mixture was adjusted using a small amount at 37°C HCl. The sample extracts were incubated at 37°C for 20 min and then heated to 51°C for 20 min after cooling the samples the turbidity was measured spectrophotometrically at 660 nm. The experiment was performed in triplicate. Inhibition of protein denaturation was reported.<sup>27</sup>

#### **• Anti-oxidant activity:**

The anti-oxidant study on aqueous and methanol leaf extract of *Adhatoda vasica* Nees. The Diphenyl picryl hydroxyl (DPPH) stable free radical scavenging activity was determined by the method of Blois. *Justicia adhatoda* leaf extract 3 ml was added to 1ml of 0.1 mm solution of DPPH in methanol. After 30 min incubation at 37°C absorbance was measure at 517 nm against the control using a spectrophotometer. The total phenolics and flavonoids and ascorbic acid were determined along with antioxidant enzymes. Ascorbic acid and Butylated hydroxytoluene (BHT)

are used materials. The inhibition percentage was calculated to the radical scavenging activity.<sup>28</sup>

## CONCLUSION:

Traditional medicines (Ayurveda, Unani, Siddha), as natural therapeutics remedies have been used in all over the world for thousands of years and it is widely accepted that multiple constituents are responsible for their efficacy. The literature survey revealed that above-mentioned plants like *Justicia adhatoda*, *Lantana Camara*, *acacia leucophloea*, *holoptelea integrifolia*, *calotropis procera*, *chlorophytum tuberosum*, *bombax ceiba*, *bacopa monnieri*, *wedelia trilobata*, *jatropha gossypifolia* has been widely studied for its phytochemical activities. These plants have phytochemical constituents like Alkaloids, glycosides, cardiac glucosides, steroid, triterpenes, resin, saponin, quinines, polyphenolic, volatile oil, amino acids, organic acids, tannins, proteins, carbohydrates, phenols, starch, sugars, mucilage, bacosides a & b, herpestine and Brahmin, coumarins. The above-discussed plants were proved that they have Anti-microbial activity, anti-bacterial activity, anti-fungal, anti-oxidant, analgesic, anti-inflammatory activity, anti-diabetic, anti-cancer, anti-tussive, anti-tubercular, wound healing activity, hepatoprotective activity, CNS depressants, hypolipidemic activities.

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