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Research Article

# SYNTHESIS AND COMPARISON OF PEG-IBUPROFEN AND PEG-KETOPROFEN PRODRUGS BY *IN VITRO* AND *IN VIVO* EVALUATION

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### ABSTRACT

Pain is an unpleasant sensation experienced by all individuals and classified as acute and chronic pain. NSAID's were most widely used for treatment of Analgesia and Inflammation. Ibuprofen, Ketoprofen, Polyethylene glycol 1500 & PEG 6000 were used as drug carriers and Glycine was used as spacer to link the drugs through ester linkage. Ibuprofen and Ketoprofen belong to propionic acid derivatives of Anti-inflammatory drugs and are non-selective COX inhibitors. PEG 1500/PEG6000-Ibuprofen/Ketoprofen and PEG 1500/PEG 6000-Glycine-Ibuprofen/Ketoprofen were synthesized and are subjected to *In Vitro* dissolution studies which revealed that the drug release was higher at 7.2 pH rather than at 1.2 pH. The results of *In Vivo* evaluation studies of both synthesized prodrugs revealed that these prodrugs retained their Analgesic activity by hot plate method and acetic acid method, Anti-inflammatory activity by paw edema method and cotton pellet method. Both the prodrugs had exhibited good ulcer protective activity when compared to parent drugs.

**Keywords:** Prodrugs, Polyethylene Glycol 1500, Poly Ethylene Glycol 6000, Ibuprofen, Ketoprofen.

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### INTRODUCTION

Pain is an unpleasant sensation experienced by all individuals may be after an injury. Pain is classified as acute pain and chronic pain. Acute pain is a localized short term pain after an injury, which can be controlled by using NSAID's, whereas chronic pain is long term pain lasting from days to months, where NSAID's have to be used for long term<sup>1-4, 12-13</sup>. NSAID's were used most widely all over the world for treatment of analgesia and inflammation<sup>5</sup>.

Inflammation is a host defense mechanism, which involves a complex network of cell-cell, cell-mediator and tissue interactions. Inflammation is regarded as an injury to cell or tissue after trauma or post operative surgery. Prostaglandins play an important role in the

inflammation process. The mechanism of all NSAID drugs is by inhibiting cyclooxygenase (COX) enzyme which is required for conversion of arachidonic acid to prostaglandin E<sub>2</sub> (PGE<sub>2</sub>). COX enzyme occurs in two forms COX1 (cyclooxygenase1) and COX2 (cyclooxygenase2)<sup>1, 6-11</sup>. Inhibition of COX2 enzymes led to anti-inflammatory activity, whereas COX1 for ulcer protective activity<sup>4, 12</sup>. Ibuprofen and Ketoprofen belongs to Propionic acid derivatives of NSAID classification<sup>14</sup>.

Prodrugs are the compounds which are inactive themselves, but are converted to active form at the site of action. They are useful in overcoming the problems viz poor membrane permeability, toxicity, taste, shorter duration of action etc. These prodrugs are converted into

their active form by enzyme degradation in the body. Prodrugs are the molecules which undergo chemical or biochemical conversion before exerting pharmacological activity<sup>15</sup>. The main reason for designing prodrugs are to overcome the adverse effects or limitations, which are associated with parent drugs, such as stability, absorption, solubility, rapid elimination, lack of target delivery<sup>16</sup>.

Most commonly prodrugs require hydrolytic cleavage mediated by enzymatic catalysis. The drugs containing carboxyl, hydroxyl or amino groups are converted to prodrug esters or amides from which the drug is hydrolyzed by enzymes like esterases and peptidases.

Ideal properties of prodrug include

1. Rapid transformation chemically/enzymatically cleaved into active form.
2. Does not have intrinsic pharmacological activity.
3. Metabolic fragment apart from active drug should be nontoxic.
4. Obtain drug targeting using site specific biotransformation/site specific transporters.

An approach for designing usage of drugs with improved therapeutic use was developing polymeric prodrugs or polymer-drug conjugates. Any polymer can be covalently attached to any class of drugs promising better drug characteristics and activity<sup>17</sup>.

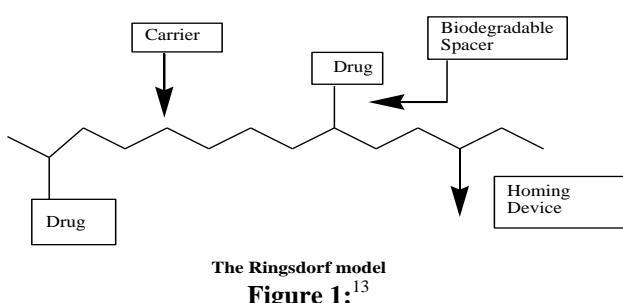
### Ideal properties required for polymer

1. It should be inert
2. Non toxic, Non immunogenic
3. Functional groups required for covalent binding
4. Availability
5. Bio compatibility, biodegradable, easily excreted<sup>17-26</sup>.

### Classification of Polymers

Polymers with carbon chain backbone: Poly ethyleneglycol, poly propylene, polystyrene, poly (vinyl alcohol), polyacrylamide, poly vinyl pyrrolidone (PVP).

Polymeric prodrugs was first proposed by H. Ringsdorf 1975 which involves drug, polymeric backbone as carrier and spacer linked to drug with polymeric backbone<sup>20, 24, 27-29</sup>.



### Objective

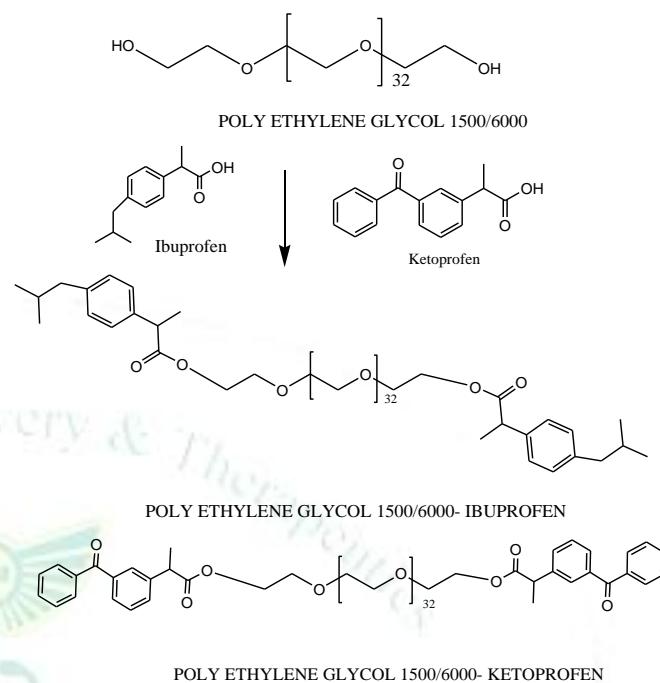
Based on the literatures synthesis of prodrugs was aimed by using Poly ethylene glycol 1500 and Poly ethylene

glycol 6000 as polymeric backbone and Glycine an amino acid as spacer.

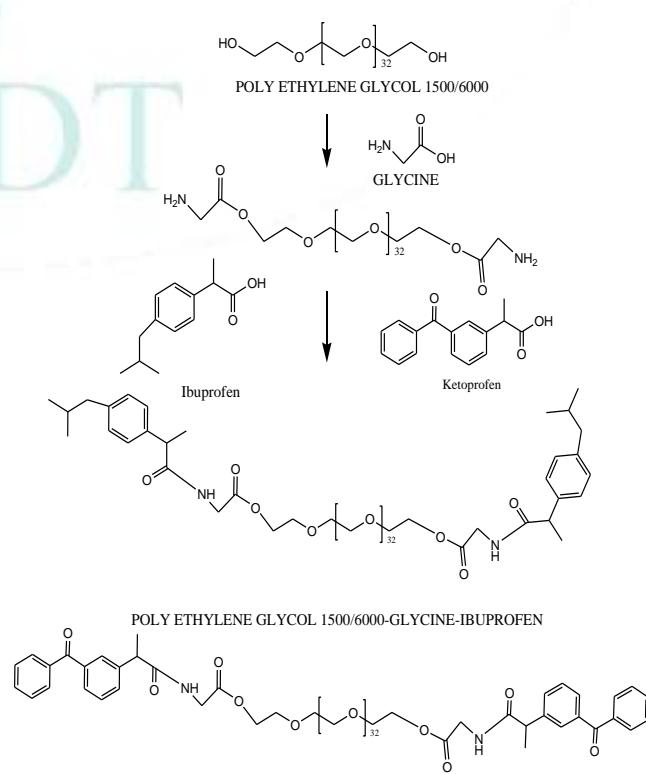
### MATERIAL AND METHODS

Poly ethylene glycol 1500/6000, Ibuprofen, Ketoprofen, Pyridine, Thionyl chloride, Dicyclohexyl carbodiimide, Dimethyl amino pyridine, Dimethyl formamide, Diethyl ether.

SCHEME -I



SCHEME-II



### Preparation of PEG (1500 & 6000)-Ibuprofen and Ketoprofen

Accurately weighed 1.5 g of PEG 1500/6000 and 1.6 ml of pyridine were taken in a round bottom flask, to it 1 g accurately weighed DCC (dicyclohexyl carbodiimide) and 0.6 g of DMAP (dimethyl amino pyridine) previously dissolved in 10 ml of DMF (dimethyl formamide) was taken.. The flask was then kept in an ice bath and the temperature was maintained at 0° C. To the flask 0.5 g of the drugs (Ibuprofen and Ketoprofen) was added, slowly for 10 min. The contents of the flask were stirred for 7 days to complete the coupling reaction using magnetic stirrer at room temperature. The product obtained was dissolved in dichloro methane and dried over anhydrous potassium carbonate and filtered. The filtrate was then treated with Neutral Alumina and then reprecipitated by excess of cold Diethyl ether<sup>30</sup>.

### Preparation of PEG (1500 & 6000)-Glycine-Ibuprofen and Ketoprofen

Accurately weighed 1 g of DCC and 0.6 g of DMAP were taken in different beakers and dissolved in 10 ml of DMF individually. Then DMAP solution was added to DCC solution. Accurately weighed 0.4 g of PEG 1500/6000-Glycine was taken in a beaker and dissolved in 20 ml of DMF. The above solution of DCC and DMAP was added to PEG 1500/6000-Glycine solution drop by drop. Accurately weighed 1 g of drug (Ibuprofen and Ketoprofen) was added to the above solution and the temperature was maintained at 0° C for 10 min. The contents were transferred to a round bottom flask with a magnetic bead and fitted with a condenser. The flask was placed on a magnetic stirrer. The coupling reaction was carried out for 7 days at room temperature. The filtrate was then treated with Neutral Alumina and reprecipitated by excess of cold Diethyl ether.

All the synthesized compounds i.e. PEG1500-Ibuprofen, PEG6000-Ibuprofen, PEG1500-Gly-Ibuprofen, PEG6000-Gly-Ibuprofen, PEG1500-Ketoprofen, PEG6000-Ketoprofen, PEG1500-Gly-Ketoprofen and PEG6000-Gly-Ketoprofen were characterized by I.R and N.M.R and compared with *in vitro* dissolution studies and *in vivo* analgesic, anti inflammatory and ulcer protecting activity.

### In vitro drug release

The  $\lambda_{\text{max}}$  of pure drugs Ibuprofen and Ketoprofen were determined and found to be 264 and 256 nm respectively. The standard drugs and prodrugs were subjected for drug release at pH 1.2 and 7.2 and 37± 0.5° C individually and % cumulative drug release was noted using standard graph. A graph was plotted % cumulative drug release v/s time in min.

### Analgesic Activity

For the study of analgesic activity the models chosen were Hotplate method and Acetic acid-induced writhing.

### Hotplate method

For the analgesic activity by this method, according to Institutional animal ethical committee (IAEC

1648/PO/a/12/CPCSEA-GCOP-IAEC-03/2013), the rats were divided into Six groups consisting of 6 animals each and checked for jump response<sup>31-34</sup>.

### Acetic acid-induced writhing method

For the study by this method the rats were divided into 6 groups consisting of 6 animals each. Acetic acid was used to induce writhings. Ist group was administered acetic acid intra peritoneally and recorded for the onset of wriths over a period of 15 minutes and after 3 hrs acetic acid was administered and number of wriths were noted and compared with control.

### Anti inflammatory Activity

For assessing anti-inflammatory activity two models were chosen

### Carrageenan-induced rat paw edema method

The animals were divided into 6 groups consisting of 6 animals each. Before injecting the paw volumes of left and right were measured by Dolphin, India Plethysmometer and edema volume was noted as Vo and after injecting standard drugs and prodrugs the volume was noted as Vt. The volume after injection was measured at intervals of 1 hr, 3 hr, and 6 hrs. The percentage inhibition of edema was calculated by equation<sup>31</sup>

### Cotton pellet induced granuloma method

The rats were divided into 6 groups consisting of 6 animals each. The rats were anaesthetized with ether, incised and then sterilized cotton pellets 10 mg were implanted subcutaneously on either side of lumbar region. The incision was sutured and each group was treated continuously for 7 days with control, standard and prodrugs. After 7 days on 8<sup>th</sup> day, the animals were sacrificed and cotton pellets were removed, dried at constant weight for 24 hrs and weighed.

### Ulcer Protective Activity

The method followed for the ulcer protecting activity was Pylorus-ligation. Male Sprague-Dawley rats weighing 100-150 g were fastened overnight, anaesthetized with ether. An incision of 1 cm long in the abdomen below the sternum was made and stomach was exposed. A thread was passed around pyloric sphincter and tied. The rats were kept in separate cages and allowed to recover<sup>35</sup>. After 4 hrs of the pylorus ligation all the animals including control group were sacrificed, abdomen was cut open and entire stomach was removed and washed under tap water. Then placed on a glass slide and observed on microscope at 10 X magnification for ulcers.

Area of gross damage (ulceration) was measured by computerized video analysis system (Metamorph 7.0 Molecular devices, Downington, PA, USA). Mean ulcer score was expressed as Ulcer Index.

## RESULTS

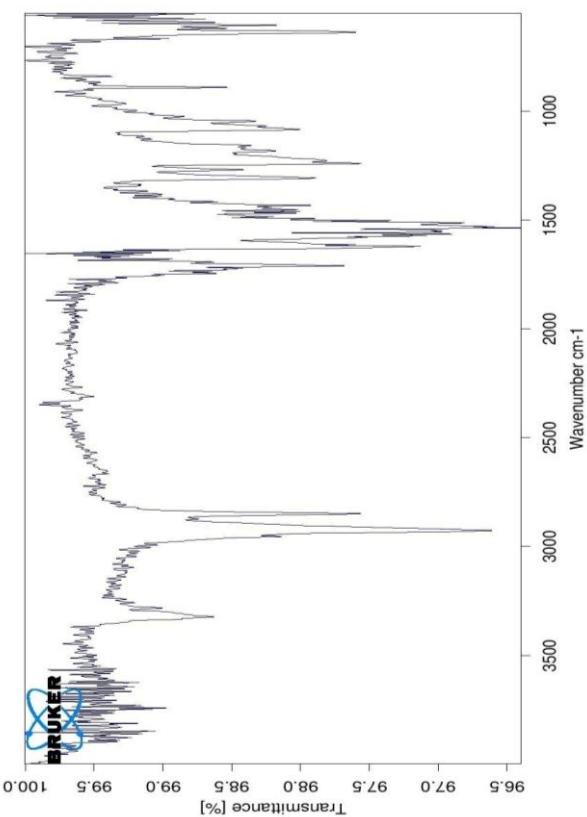


Figure 2: IR Spectra of PEG 1500/6000-Ibuprofen

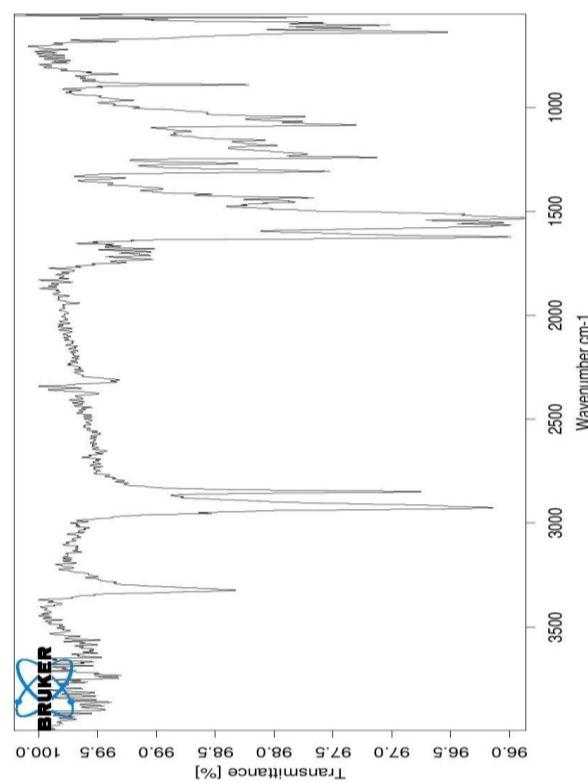


Figure 4: IR Spectra of PEG 1500/6000-Ketoprofen

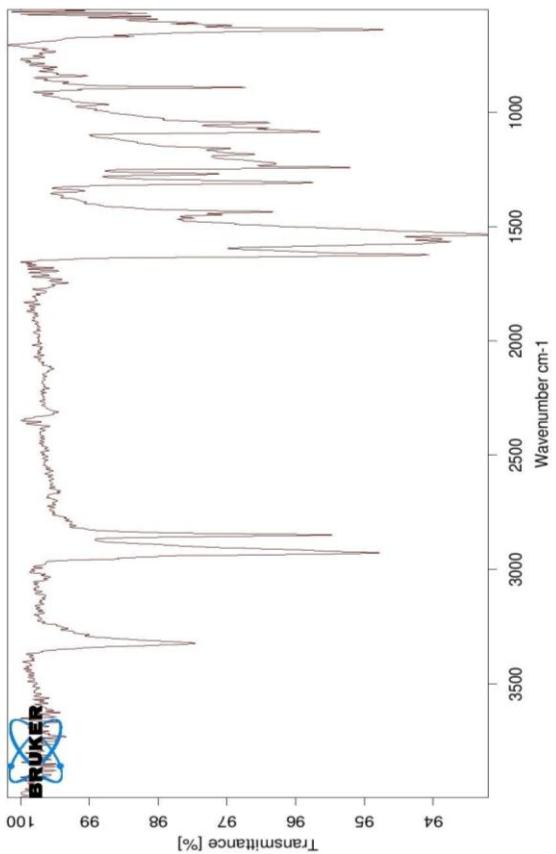


Figure 3: IR Spectra of PEG 1500/6000-Glycine-Ibuprofen

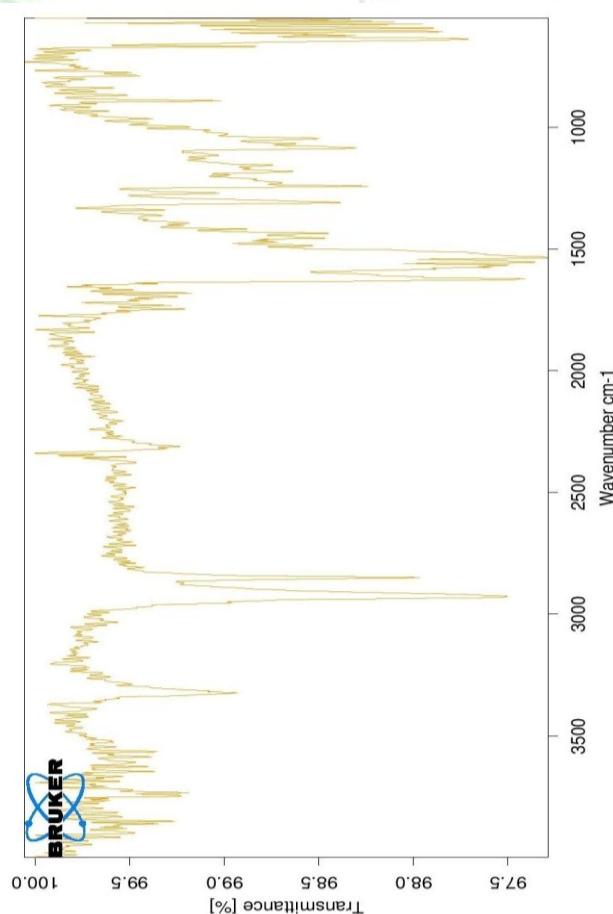


Figure 5: IR Spectra of PEG 1500/6000-Glycine-Ketoprofen

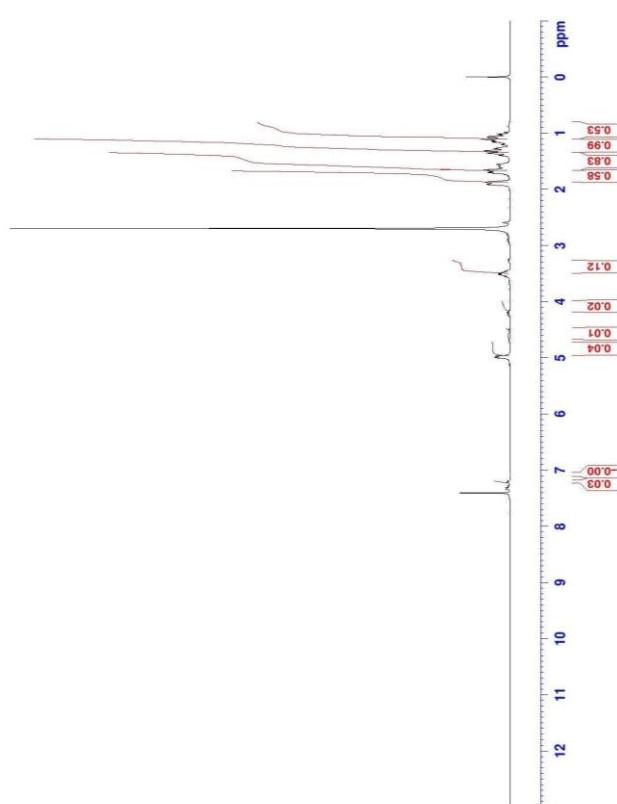


Figure 6: N.M.R Spectra of PEG 1500/6000-Ibuprofen

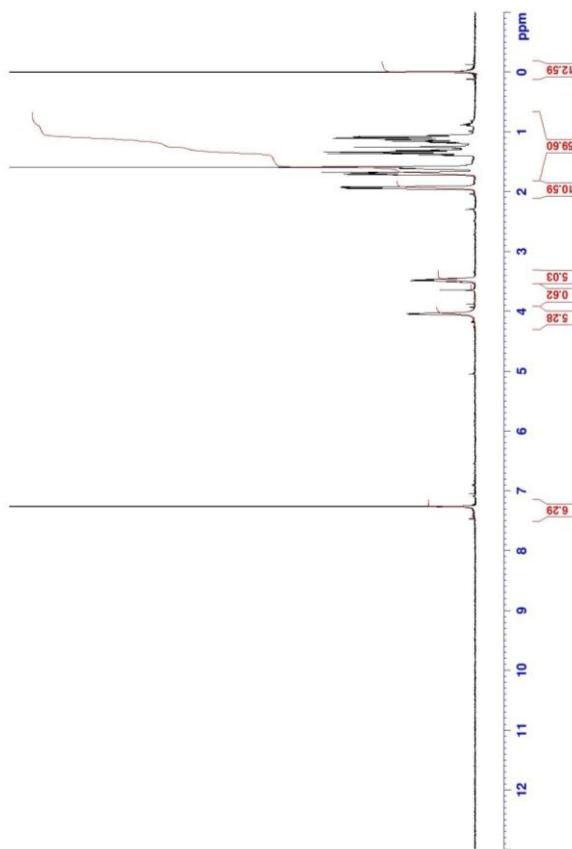


Figure 8: N.M.R Spectra of PEG 1500/6000-Ketoprofen

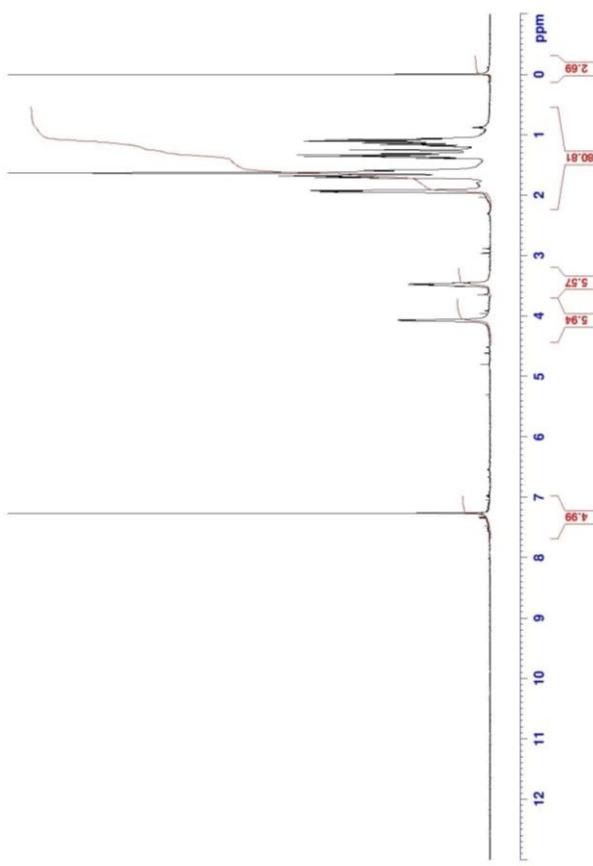


Figure 7: N.M.R Spectra of PEG 1500/6000-Glycine-Ibuprofen

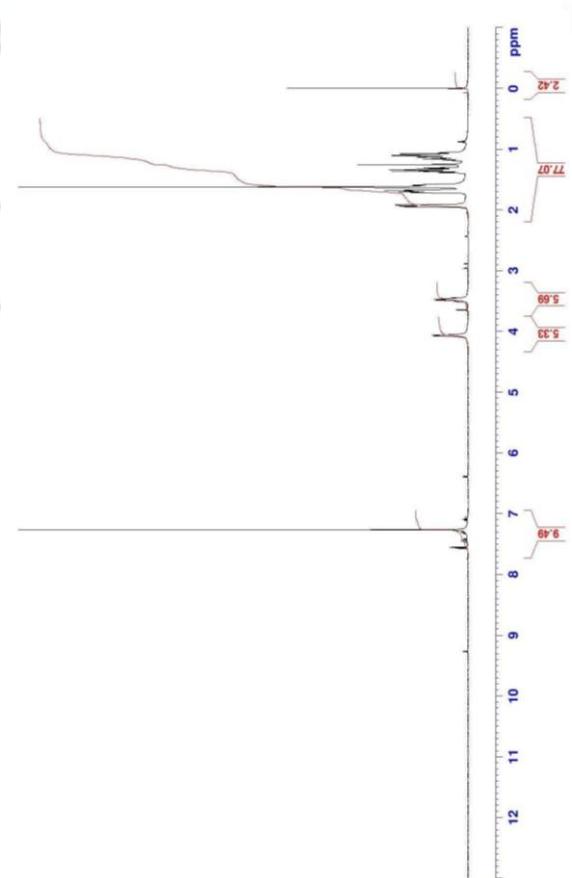


Figure 9: N.M.R Spectra of PEG 1500/6000-Glycine-Ketoprofen

Table 1: PEG 1500-Ibuprofen and PEG 1500-Glycine-Ibuprofen release at 1.2 &amp; 7.2.

S.No	Time in Minutes	PEG 1500-Ibuprofen		PEG 1500-Glycine-Ibuprofen	
		pH 1.2	pH 7.2	pH 1.2	pH 7.2
1	0	0	0	0	0
2	5	11.4	12.4	10.9	10.6
3	10	16.4	24.7	15.4	21.8
4	15	20.3	38.4	19.2	39.3
5	30	21.9	46.8	20.6	55.4
6	45	24.1	69.1	23.7	68.9
7	60	26.7	81.3	25.4	82.7

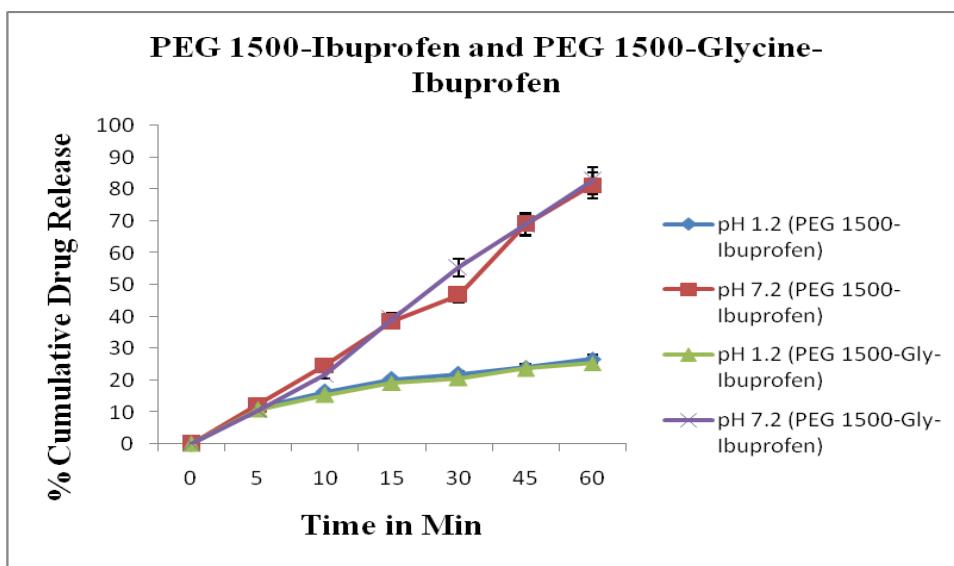


Figure 10: Cumulative drug release of PEG 1500-Ibuprofen &amp; PEG 1500-Glycine-Ibuprofen

Table 2: PEG 6000-Ibuprofen and PEG 6000-Glycine-Ibuprofen release at 1.2 &amp; 7.2.

S.No	Time in Minutes	PEG 6000-Ibuprofen		PEG 6000-Glycine-Ibuprofen	
		pH 1.2	pH 7.2	pH 1.2	pH 7.2
1	0	0	0	0	0
2	5	8.9	14.2	7.6	15.7
3	10	10.5	26.9	10.2	29.1
4	15	15.7	39.6	12.9	49.6
5	30	20.9	49.2	18.7	59.4
6	45	22.7	68.7	20.3	72.7
7	60	26.8	83.8	24.1	84.6

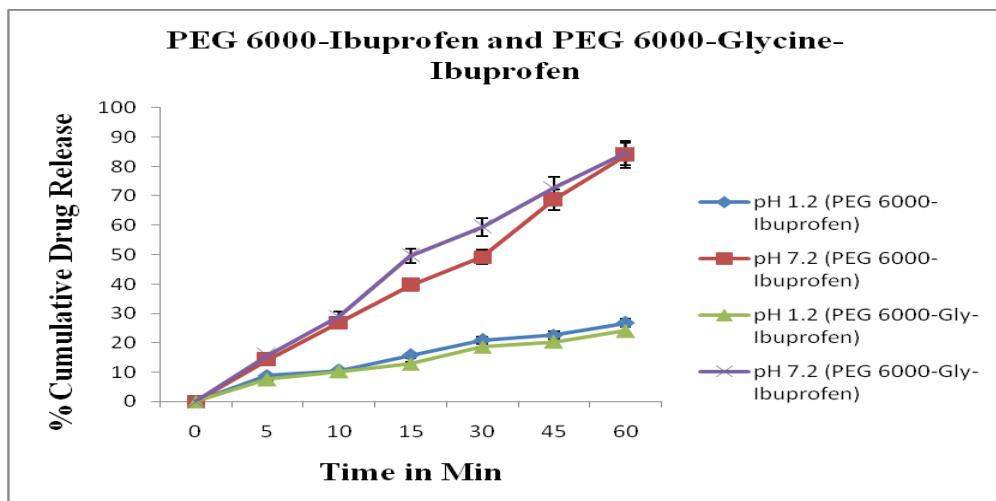
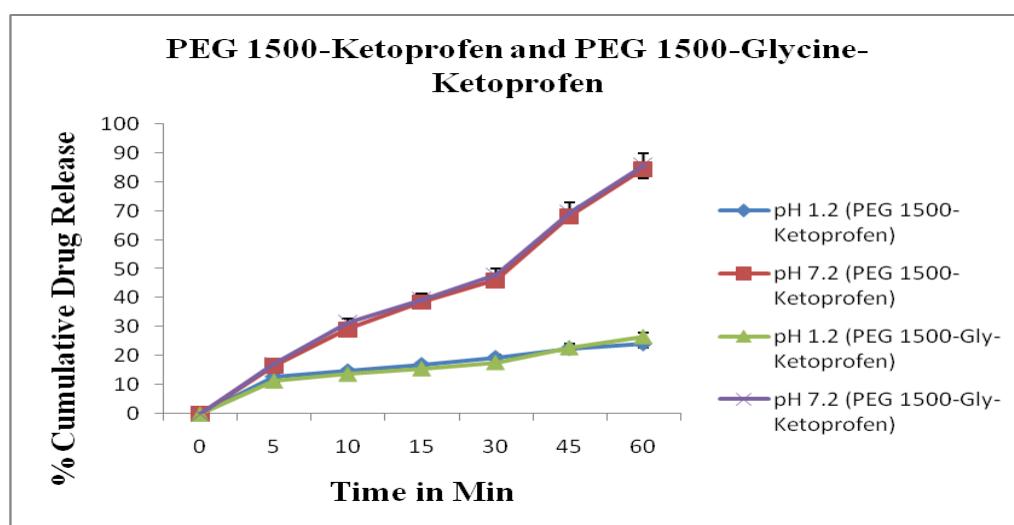


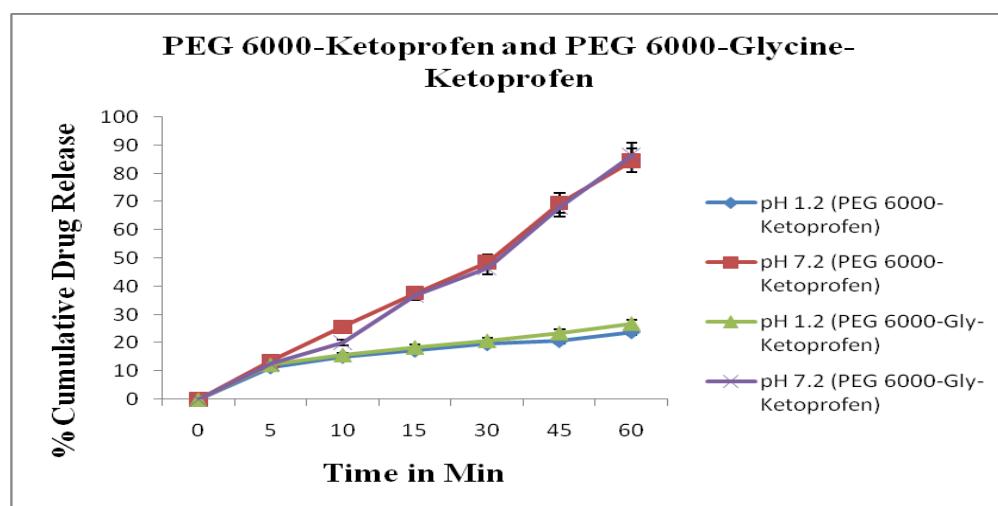
Figure 11: Cumulative drug release of PEG 6000-Ibuprofen &amp; PEG 6000-Glycine-Ibuprofen

**Table 3: PEG 1500-Ketoprofen and PEG 1500-Gly-Ketoprofen release at 1.2 & 7.2.**

S.No	Time in Minutes	PEG 1500-Ketoprofen		PEG 1500-Gly-Ketoprofen	
		pH 1.2	pH 7.2	pH 1.2	pH 7.2
1	0	0	0	0	0
2	5	12.8	16.7	11.4	17.2
3	10	14.7	29.2	13.8	31.4
4	15	16.9	38.6	15.7	39.4
5	30	19.3	46.1	17.8	47.9
6	45	22.5	68.3	22.9	69.4
7	60	24.1	84.6	26.7	85.7

**Figure 12: Cumulative drug release of PEG 1500-Ketoprofen & PEG 1500-Gly-Ketoprofen****Table 4: PEG 6000-Ketoprofen and PEG 6000-Gly-Ketoprofen release at 1.2 & 7.2.**

S.No	Time in Minutes	PEG 6000-Ketoprofen		PEG 6000-Gly-Ketoprofen	
		pH 1.2	pH 7.2	pH 1.2	pH 7.2
1	0	0	0	0	0
2	5	11.5	13.7	12.3	12.8
3	10	15.2	25.8	15.7	20.1
4	15	17.4	37.8	18.4	36.9
5	30	19.7	48.7	20.7	46.7
6	45	20.8	69.7	23.5	68.1
7	60	23.9	84.7	26.8	86.7

**Figure 13: Cumulative drug release of PEG 6000-Ketoprofen & PEG 6000-Gly-Ketoprofen**

### Analgesic Activity: Hotplate Method

**Table 5: Analgesic activity of Ibuprofen/Ketoprofen and synthesized prodrugs**

Groups	% Inhibition Ibuprofen	% Inhibition Ketoprofen
Control	0	0
Ibuprofen/ketoprofen	62.0	63.5
PEG 1500-Ibuprofen/ ketoprofen	65.7	72.3
PEG 1500-Glycine-Ibuprofen/ ketoprofen	98.3	76.2
PEG 6000-Ibuprofen/ ketoprofen	73.6	90.3
PEG 6000-Glycine-Ibuprofen/ ketoprofen	52.8	97.5

### Acetic acid method

**Table 6: Analgesic activity of Ibuprofen and synthesized prodrugs**

Groups	% Inhibition Ibuprofen	% Inhibition Ketoprofen
Control	0	0
Ibuprofen/Ketoprofen	74.3	68.3
PEG 1500-Ibuprofen/Ketoprofen	85.8	83.0
PEG 1500-Glycine-Ibuprofen/Ketoprofen	92.7	88.1
PEG 6000-Ibuprofen/Ketoprofen	89.0	86.3
PEG 6000-Glycine-Ibuprofen/Ketoprofen	84.0	92.1

### Antiinflammatory Activity: Paw edema method

**Table 7: Anti inflammatory activity of Ibuprofen and synthesized prodrugs**

Groups	Change in Paw volume (ml) mean±SEM & % Inhibition		
	1 hr	3 hr	6 hr
Control	0.47±0.01	0.59±0.01	0.65±0.02
Ibuprofen	0.24±0.02 (48.93)	0.22±0.01 (62.7)	0.19±0.01 (70.76)
PEG1500-Ibuprofen	0.19±0.01 (59.57)	0.18±0.02 (69.49)	0.17±0.03 (73.84)
PEG1500-Gly-Ibuprofen	0.17±0.01 (63.82)	0.13±0.02 (77.96)	0.11±0.02 (83.07)
PEG6000-Ibuprofen	0.16±0.01 (65.95)	0.09±0.01 (84.74)	0.08±0.01 (87.69)
PEG6000-Gly-Ibuprofen	0.18±0.01 (61.7)	0.15±0.02 (74.57)	0.14±0.02 (78.46)

Values are mean ±SEM, n=6, one way ANOVA p<0.05 vs control

### Antiinflammatory Activity: Paw edema method

**Table 8: Anti inflammatory activity of Ketoprofen and synthesized prodrugs**

Groups	Change in Paw volume (ml) mean±SEM & % Inhibition		
	1 hr	3 hr	6 hr
Control	0.47±0.01	0.59±0.01	0.65±0.02
Ketoprofen	0.23±0.02 (51.06)	0.20±0.01 (66.1)	0.18±0.01 (72.3)
PEG1500-Ketoprofen	0.16±0.01 (65.95)	0.12±0.02 (79.66)	0.11±0.02 (83.07)
PEG1500-Gly-Ketoprofen	0.17±0.01 (63.82)	0.15±0.02 (74.57)	0.13±0.02 (80.00)
PEG6000-Ketoprofen	0.14±0.01 (70.21)	0.09±0.01 (84.74)	0.08±0.02 (87.69)
PEG6000-Gly-Ketoprofen	0.18±0.01 (61.7)	0.16±0.02 (72.88)	0.15±0.03 (76.92)

Values are mean ±SEM, n=6, one way ANOVA p<0.05 vs control

### Cotton pellet method

**Table 9: Anti inflammatory activity of Ibuprofen and Ketoprofen synthesized prodrugs**

Groups	% Inhibition Ibuprofen	% Inhibition Ketoprofen
Control	0	0
Ibuprofen/Ketoprofen	59.5	57.7
PEG 1500-Ibuprofen/Ketoprofen	68.4	61.8
PEG 1500-Glycine-Ibuprofen/Ketoprofen	66.5	60.3
PEG 6000-Ibuprofen/Ketoprofen	69.8	70.0
PEG6000-Glycine-Ibuprofen/Ketoprofen	65.5	67.0

### Ulcer Protecting Activity

**Table 10: Gross Ulcer Index of Ibuprofen and synthesized prodrugs**

S.No	Treatment	Ulcer Index	Ulcer Index
1.	Control	10	10
2.	Ibuprofen/Ketoprofen	23	19
3.	PEG1500-Ibuprofen/Ketoprofen	16	17
4.	PEG1500-Gly-Ibuprofen/Ketoprofen	12	12
5.	PEG6000-Ibuprofen/Ketoprofen	18	15
6.	PEG6000-Gly-Ibuprofen/Ketoprofen	17	10

## DISCUSSION

### PEG 1500/6000-IBUPROFEN

**I.R-** C-O-C- 1110  $\text{cm}^{-1}$ , CH str- 2850, 2950  $\text{cm}^{-1}$ , C-O str- 1180  $\text{cm}^{-1}$ , C=O- 1625, 1670  $\text{cm}^{-1}$ , Di substituted Benzene- 730  $\text{cm}^{-1}$ , 945  $\text{cm}^{-1}$ , Aromatic CH- 1254  $\text{cm}^{-1}$ .

**N.M.R-** 0.9-1.2  $\delta$ -CH<sub>3</sub> protons (m) (9), 1.2-2.5  $\delta$ -CH<sub>2</sub> protons (m) , 2.6-2.8  $\delta$  CH protons (q) (2), 3.2-7.4  $\delta$ -Benzene (m) (8).

### PEG 1500/6000-GLYCINE-IBUPROFEN

**I.R-** C-O-C- 1080  $\text{cm}^{-1}$ , CH str- 2850, 2950  $\text{cm}^{-1}$ , C-O str- 1130  $\text{cm}^{-1}$ , C-C str- 1250  $\text{cm}^{-1}$ , C=O- 1520, 1530, 1580, 1600  $\text{cm}^{-1}$ , C-N str- 1385  $\text{cm}^{-1}$ , Aliphatic NH- 3421, 3440  $\text{cm}^{-1}$ , Di substituted Benzene- 740  $\text{cm}^{-1}$ , 950  $\text{cm}^{-1}$ , Aromatic CH- 1480  $\text{cm}^{-1}$ .

**N.M.R-** 1.1-1.3  $\delta$ -CH<sub>3</sub> protons (m) (18), 1.2-1.9  $\delta$ -CH<sub>2</sub> protons (m) (62), 3.3 -3.5  $\delta$ -CH (q) (4), 4.1-7.3  $\delta$ -Benzene (m) (8), 3.5  $\delta$ -NH (d) (2).

### PEG 1500/6000-KETOPROFEN

**I.R-** C-O-C- 1110  $\text{cm}^{-1}$ , CH str- 2850, 2950  $\text{cm}^{-1}$ , C-O str- 1080  $\text{cm}^{-1}$ , C=O- 1580, 1600, 1620, 1660  $\text{cm}^{-1}$ , Di substituted Benzene- 770, 840  $\text{cm}^{-1}$ , Mono substituted Benzene- 750, 950  $\text{cm}^{-1}$ , Aromatic CH- 1460  $\text{cm}^{-1}$ .

**N.M.R-** 1.1-1.3  $\delta$ -CH<sub>3</sub> protons (m) (6), 1.4-1.9  $\delta$ -CH<sub>2</sub> (m) (53), 2.1-2.3  $\delta$  CH protons (d) (2), 3.4-7.3  $\delta$ -Benzene (m) (18).

### PEG 1500/6000-GLYCINE-KETOPROFEN

**I.R-** C-O-C- 1110  $\text{cm}^{-1}$ , CH str- 2850, 2950  $\text{cm}^{-1}$ , C-O str- 1080  $\text{cm}^{-1}$ , C=O- 1525, 1535, 1560, 1585, 1600, 1620  $\text{cm}^{-1}$ , C-C str- 1230  $\text{cm}^{-1}$ , C-N str- 1375  $\text{cm}^{-1}$ , Aliphatic NH-3480, 3530  $\text{cm}^{-1}$ , Di substituted Benzene- 740, 930  $\text{cm}^{-1}$ , Mono substituted Benzene- 730, 980  $\text{cm}^{-1}$ , Aromatic CH- 1450  $\text{cm}^{-1}$ .

**N.M.R-** 0.7-1.2  $\delta$ -CH<sub>3</sub> protons (m) (6), 1.3-1.8  $\delta$ -CH<sub>2</sub> protons (m) (71), 1.9-2.0  $\delta$  CHprotons (d) (2), 4.1-7.5  $\delta$ -Benzene (m) (18), 3.5-3.7  $\delta$ - NH (d) (2).

## DISCUSSION

Based on the results obtained

- Of all the prodrugs synthesized the dissolution studies revealed that their release was higher at pH 7.2 rather than at pH 1.2.
- Out of the prodrugs synthesized PEG 1500-Gly-Ibuprofen and PEG 6000-Gly-Ketoprofen have shown maximum effect by Hotplate method and Acetic acid.
- Among the prodrugs synthesized PEG 6000-Ibuprofen and PEG 6000-Ketoprofen have shown maximum effect at the end of 6 hrs by Rat paw edema method and Cotton Pellet Method.
- Of all the prodrugs synthesized PEG 1500-Gly-Ibuprofen and PEG 6000-Gly-Ketoprofen have shown maximum ulcer index indicating ulcer protection as compared to other prodrugs.

## CONCLUSION

It can be concluded that the synthesized polymeric prodrugs had an influence on the drug release pattern effectively at pH 7.2 and had good ulcer protecting activity and Ketoprofen which is a derivative of Ibuprofen had maximum ulcer protecting activity than Ibuprofen.

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