

Available online on 15.04.2019 at <http://jddtonline.info>

# Journal of Drug Delivery and Therapeutics

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Research Article

## Insecticidal, antimicrobial and antioxidant activity and elemental analysis of *Cochlospermum religiosum* (L.) Alston (Bixaceae)

Swathi B.G, Smruthi B.S, Saima Banu, Prashith Kekuda T.R\*

Department of Microbiology, S.R.N.M.N College of Applied Sciences, N.E.S campus, Balraj Urs road, Shivamogga-577201, Karnataka, India

### ABSTRACT

**Objectives:** *Cochlospermum religiosum* (L.) Alston is one of the extensively used medicinal plant belonging to the family Bixaceae. In the present study, we determined antimicrobial, antioxidant, and insecticidal activity and elemental analysis of *C. religiosum* flowers.

**Methods:** Shade dried and powdered flower material was extracted by maceration process using methanol. Antibacterial activity of flower extract was determined by agar well diffusion assay against gram positive and gram negative bacteria. Antifungal activity was tested against two molds namely *Rhizopus* sp. and *Curvularia* sp. by poisoned food technique. Antioxidant activity was evaluated by DPPH free radical scavenging and ABTS free radical scavenging assays and ferric reducing assay. Insecticidal activity was assessed in terms of larvicidal activity against I, II and III instar larvae of *Aedes* species and *Anopheles* species. Elemental analysis was carried out to estimate the content of major and minor elements.

**Results:** The flower extract was effective in inhibiting all test bacteria. Overall, the flower extract was effective against gram positive bacteria to higher extent when compared to gram negative bacteria. Flower extract showed dose dependent scavenging of DPPH and ABTS radicals with an EC<sub>50</sub> value of 2.72 and 1.50 µg/ml, respectively. In ferric reducing assay, an increase in the absorbance with increase in concentration indicated reducing potential of flower extract. At 1mg/ml concentration, the flower extract caused 100% mortality of I, II and III instar larvae of *Aedes* species and *Anopheles* species. The flower was shown to contain potassium and iron in highest quantity among major and minor elements, respectively while magnesium and chromium content was least among major and minor elements, respectively.

**Conclusions:** The results are promising and the study highlights the possible utilization of the *C. religiosum* flowers against pathogenic microorganisms and oxidative stress and to manage mosquito-borne diseases. The flower can be used as a food supplement as it is shown to contain various mineral elements that are required.

**Key words:** *Cochlospermum religiosum*, Maceration, Agar well diffusion assay, DPPH, ABTS, Ferric reducing

**Article Info:** Received 05 March 2019; Review Completed 09 April 2019; Accepted 13 April 2019; Available online 15 April 2019



### Cite this article as:

Swathi BG, Smruthi BS, Saima B, Prashith Kekuda TR, Insecticidal, antimicrobial and antioxidant activity and elemental analysis of *Cochlospermum religiosum* (L.) Alston (Bixaceae), Journal of Drug Delivery and Therapeutics. 2019; 9(2-s):422-428 <http://dx.doi.org/10.22270/jddt.v9i2-s.2551>

### \*Address for Correspondence:

Dr. Prashith Kekuda T.R, Department of Microbiology, S.R.N.M.N College of Applied Sciences, N.E.S campus, Balraj Urs road, Shivamogga-577201, Karnataka, India

### INTRODUCTION

Insect pests are troublesome to plant as well as animal health. Among various arthropod vectors, mosquitoes are of high significance. Mosquitoes are responsible for transmission of dreadful diseases such as malaria, dengue, chikungunya, filariasis, yellow fever and Japanese encephalitis. The management of mosquito borne disease usually employs the application of synthetic insecticides. Although proven effective, however, their indiscriminate application for vector control resulted in emergence of resistant strains of mosquitoes as well as deleterious effect on environment. Moreover, the cost of insecticides is high and there is an increased risk of health hazard due to their ill effect on the health of humans. Screening botanicals for insecticidal activity has been intensified to overcome the adverse effects of synthetic chemicals. It is shown that crude

extracts as well as purified compounds from several plant species exhibit insecticidal activity against various insect pests including mosquitoes which spread dreadful human diseases such as dengue and malaria<sup>1-15</sup>.

Antibiotics are promising in terms of their potential application in the therapy against infectious diseases. The discovery of antibiotics has revolutionized the field of chemotherapy. However, indiscriminate use of these agents resulted in the emergence of resistant strains of bacteria in both community and hospital settings. Bacteria such as *Escherichia coli*, *Mycobacterium tuberculosis*, *Staphylococcus aureus*, *Pseudomonas aeruginosa* and *Klebsiella pneumoniae* are considered to be few among the antibiotic resistant bacteria. Moreover, the ability of these pathogens to transmit the resistance trait to susceptible strains through horizontal transfer seems to be even more serious issue.

Hence, there is an upsurge interest in finding alternatives with low or no drawbacks. Natural products, including plants and their metabolites, are considered to be one of the potential alternatives for disease therapy. Studies have shown that extracts and isolated compounds from higher plants exhibit marked antibacterial potential against a range of pathogenic bacteria including drug resistant strains<sup>16-21</sup>.

Fungi are well known as the causal agents of plants and animals since time immemorial. They cause huge number of diseases in plants and many diseases in animals and humans. Management of fungal infections of plants is usually carried out by the use of synthetic fungicides. Infections caused by clinical pathogens are usually treated by the use of antifungal drugs such as azoles. It has been well established that the fungal pathogens have gained resistance to most commonly used fungicides as well as antifungal agents for clinical pathogens. Besides, high cost, deleterious effect on environment, and development of resistance against fungicides as well as antifungal agents also limits the application of these agents. Natural products, including plants and their metabolites, have been promising with respect to their potential to inhibit a range of phytopathogenic fungi as well as clinical isolates. The use of plant based formulations is cheaper, safer and is not usually subjected to resistance development in pathogenic fungi<sup>17,22-27</sup>.

A free radical is an atom or a molecule that has an unpaired electron in an outer shell. Free radicals are highly reactive and are known to damage lipids, nucleic acids and proteins leading to cellular damage. The excessive production of free radicals leads to oxidative stress condition which is implicated in several pathophysiological conditions including aging, cancer, cardiovascular diseases and neurodegenerative diseases. In oxidative stress condition, the endogenous antioxidant system of the body will not be able to completely inactivate the free radicals generated by their excessive production. Hence, there is an extra demand for antioxidants in the form of diet. Plants and their metabolites are shown to be promising resources of natural antioxidant principles. Phytochemicals, in particular phenolic compounds and flavonoids, are shown to scavenge free radicals more efficiently and thereby alleviate oxidative damage induced by excessive generation of free radicals<sup>20,28-33</sup>.

*Cochlospermum religiosum* (L.) Alston (synonym *C. gossypium* DC) is one of the medicinal tree species belonging to the botanical family Bixaceae (Figure 1). The plant is known by the names Golden silk cotton tree/butter cup tree in English, Gabdi in Hindi, Girisalmalika in Sanskrit, and Arasina buruga in Kannada. In India, *C. religiosum* is grown near temples because of the bright yellow flowers that are to be used for offerings to god and also for aesthetic purpose. *C. religiosum* is traditionally used in syphilis, gonorrhea, trachoma, cough, jaundice etc. The gum katira or gum kondagogu, obtained from the stem, is used for treating diarrhoea, dysentery, pharyngitis, eye problems, asthma and stomachache. Besides, the plant finds a wide range of ethnoveterinary use<sup>34-43</sup>. When literature survey was carried out, it was found that no much work is done on the biological activities of flower of *C. religiosum*. In the present study, we estimated mineral elements and screened insecticidal antibacterial and antioxidant activity of flowers of *C. religiosum*.

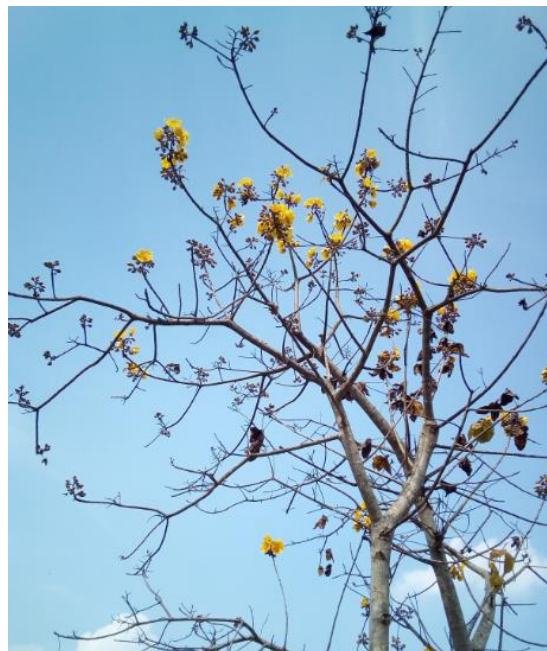


Figure 1: *Cochlospermum religiosum*

## MATERIALS AND METHODS

### Collection and extraction of plant material

The plant material (flower) was collected near Hosagunda, Shivamogga district, Karnataka, India during 2019 and authenticated on the basis of its characteristics by using standard flora<sup>44</sup>. Extraction of shade dried and powdered flower was carried out by maceration technique using methanol in a stoppered container<sup>45</sup>. The yield of extract obtained was 14.08%.

### Insecticidal activity of flower extract

The insecticidal potential of flower extract (1mg extract/ml of water) was evaluated in terms of its larvicidal activity against I instar, II instar and III instar larvae of *Aedes* species (Diptera: Culicidae) and *Anopheles* species (Diptera: Culicidae). Mortality of larvae and pupae were recorded after 24 hours<sup>4</sup>.

### Antibacterial activity of flower extract

Agar well diffusion method, as described in the study of Ankith et al.<sup>45</sup>, was used to evaluate antibacterial activity of flower extract (25mg extract/ml of dimethyl sulfoxide [DMSO]) against two gram positive and six gram negative bacteria. Streptomycin was used as reference antibiotic (1mg/ml of sterile distilled water). DMSO was used as negative control. Zones of inhibition formed around the wells were taken positive for antibacterial activity.

### Antifungal activity of flower extract

Poisoned food technique, as described in the study of Raghavendra et al.<sup>46</sup>, was used to determine antifungal activity of flower extract (1mg extract/ml of potato dextrose agar medium) against two fungi viz. *Rhizopus* sp. and *Curvularia* sp. A reduction in the colony diameter of test fungi in poisoned plates when compared to control plates was considered as antifungal activity. The extent of inhibition of fungal growth in poisoned plates was calculated using the formula:

Reduction in mycelial growth (%) =  $[D_c - D_t / D_c] \times 100$ , where  $D_c$  and  $D_t$  represents diameter of fungal colonies in control and poisoned plates, respectively.

#### Antioxidant activity of flower extract

##### 2,2-diphenyl-1-picrylhydrazyl [DPPH] radical scavenging assay

Scavenging potential of different concentrations of flower extract namely 0.78-50µg/ml was evaluated by DPPH radical scavenging assay as described by Raghavendra et al.<sup>46</sup>. Butylated hydroxyanisole (BHA) and ascorbic acid were used as reference standards. The absorbance was measured at 520nm. The extent of scavenging of radicals was calculated using the formula:

Scavenging of DPPH radicals (%) =  $[A_c - A_t / A_c] \times 100$ , where  $A_c$  and  $A_t$  represents absorbance of DPPH control and absorbance of DPPH in the presence of extract/standard, respectively.  $EC_{50}$  values were calculated.

##### 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid) [ABTS] scavenging assay

Various concentrations of flower extract, namely 0.78-50µg/ml, were screened for antiradical activity by ABTS radical scavenging assay. Ascorbic acid and BHA were used reference standard. The absorbance of each tube was measured at 734nm<sup>46</sup>. The extent of scavenging of radicals was calculated using the formula:

Scavenging of ABTS radicals (%) =  $[A_c - A_t / A_c] \times 100$ , where  $A_c$  and  $A_t$  represents absorbance of ABTS control and absorbance of ABTS in the presence of extract/standard, respectively.  $EC_{50}$  values were calculated.

#### Ferric reducing assay

The reducing potential of flower extract (0.78-50µg/ml of methanol) was evaluated by ferric reducing assay as described in the study of Raghavendra et al.<sup>46</sup> The absorbance of reaction mixture in each of the tube was read at 700nm. Ascorbic acid was used as reference standard. An

increase in the absorbance with increase in concentration indicates reducing power.

#### Mineral analysis of *C. religiosum* flower

Prior to estimation of mineral elements, the flower powder was subjected to digestion using mixture of nitric acid and perchloric acid. The digested sample was used to estimate the content of major elements and minor elements by various protocols. Sodium (Na) and potassium (K) were estimated by using flame photometer (Systronics, Flame Photometer 128). Phosphorus (P) was estimated by spectrophotometric method. Nitrogen (N) estimation was carried out by Kjeldahl procedure. Elements namely copper (Cu), manganese (Mn), iron (Fe), zinc (Zn), calcium (Ca), chromium (Cr), nickel (Ni), magnesium (Mg) were estimated using atomic absorption spectrometer (PerkinElmer PinAAcle 900F).

## RESULTS AND DISCUSSION

#### Insecticidal activity of *C. religiosum* flower extract

Management of mosquito borne diseases can be accomplished by targeting various stages of life cycle of mosquitoes namely eggs, larvae, pupae and adult form. Among these, targeting the larval stage (especially in stagnant water which seems to be a breeding ground for mosquitoes) and prevention of their further development into pupae and adult seems to be one of the widely use approach for disease prevention. Studies have shown that botanicals exhibit insecticidal activity in terms of ovicidal, oviposition deterrent, larvicidal, pupicidal, and repellent activities. Plant extracts and plant secondary metabolites have been considered as potential alternatives for chemical insecticides<sup>4,5,47-55</sup>. In the present study, insecticidal activity of flower extract was evaluated against I, II and III instar larvae of *Anopheles* sp. and *Aedes* sp. and the mortality of larvae and pupae was recorded at the end of 24 hours of exposure. The flower extract was highly effective in causing 100% mortality of I, II and III instar larvae of both mosquito species at 1mg/ml concentration (Table 1).

Table 1: Larvicidal activity of flower extract of *C. religiosum*

Mosquito	Larval stage	Number of larvae/pupae	Number of dead larvae/pupae	Mortality (%)
<i>Anopheles</i> species	I instar	10	10	100.00
	II instar	10	10	100.00
	III instar	10	10	100.00
<i>Aedes</i> species	I instar	10	10	100.00
	II instar	10	10	100.00
	III instar	10	10	100.00

#### Antibacterial activity of flower extract

Intensified study by scientific community on botanicals with antibacterial activity is triggered due to failure of antibiotics to act against pathogenic bacteria because development of resistance in pathogens. Plant extracts and plant secondary metabolites are shown to be promising alternatives for disease therapy<sup>16,56,57,58</sup>. In the present study, the flower extract of *C. religiosum* was effective in inhibiting the growth of all bacteria as evidence by the presence of zones of inhibition around the wells (Table 2). Among bacteria, marked inhibitory activity of flower extract was observed against gram positive bacteria. The gram positive bacteria viz. *S. aureus* and *B. subtilis* were inhibited to almost similar

extent. Among gram negative bacteria, *E. coli* and *X. campestris* were inhibited to highest and least extent respectively. The susceptibility of gram negative bacteria to extract was in the order: *E. coli* > *P. aeruginosa* > *P. syringe* > *S. typhi* > *K. pneumoniae* and *X. campestris*. Reference antibiotic strongly inhibited test bacteria when compared to flower extract. DMSO did not cause inhibition of bacteria. Earlier studies by Panda et al.<sup>59</sup>, Zingare<sup>60</sup>, Goud et al.<sup>61</sup>, Bai et al.<sup>62</sup>, Ponnammam et al.<sup>63</sup> and Kawde et al.<sup>64</sup> revealed antibacterial activity of different parts of *C. religiosum*. However, Pumpaluk et al.<sup>65</sup> showed that extract of seeds/fruits was not effective against cariogenic bacteria *Streptococcus mutans*, *Lactobacillus casei* and *Actinomyces viscosus*.



**Table 2: Antibacterial activity of flower extract of *C. religiosum***

Test bacteria	Zone of inhibition in cm		
	Flower extract	Streptomycin	DMSO
<i>S. aureus</i>	2.60±0.00	3.50±0.00	0.00±0.00
<i>B. subtilis</i>	2.56±0.05	3.30±0.00	0.00±0.00
<i>E. coli</i>	2.53±0.05	3.53±0.05	0.00±0.00
<i>P. aeruginosa</i>	2.30±0.00	2.60±0.00	0.00±0.00
<i>P. syringe</i>	2.03±0.05	2.80±0.10	0.00±0.00
<i>K. pneumoniae</i>	1.80±0.10	2.13±0.05	0.00±0.00
<i>X. campestris</i>	1.43±0.05	2.53±0.05	0.00±0.00
<i>S. typhi</i>	2.00±0.00	3.30±0.00	0.00±0.00

### Antifungal activity of flower extract

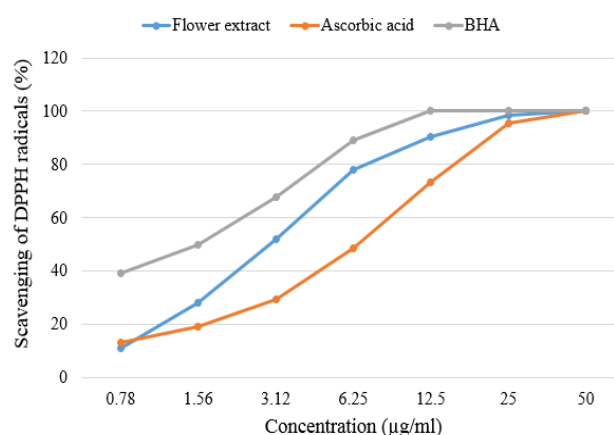
Extensive use of synthetic fungicides caused havoc in the environment due to their residual effect and deleterious effect on non-target organisms. Besides, development of resistance to fungicides is another serious issue. Many of human pathogenic fungi have developed resistance against most commonly used antifungal drugs. Plant extracts, plant based formulations and purified metabolites from plants are shown to be promising alternatives for human and plant pathogenic fungi<sup>66-71</sup>. The result of antifungal activity of flower extract is shown in Table 3. The extract was effective in causing suppression of mycelial growth of test fungi to considerable extent. An inhibition of >40% of growth was observed in case of both fungi. Among fungi, *Rhizopus* sp. was inhibited to slightly higher extent (49.57% inhibition) when compared to *Curvularia* sp (42.49% inhibition). In an earlier study, the methanolic and aqueous extracts of leaves of *C. religiosum* were shown to display dose dependent inhibitory activity against *Alternaria alternata*, *Chaetomium globosum* and *Fusarium oxysporum*<sup>72</sup>. In another study by Goud et al.<sup>61</sup>, the stem bark extract of *C. religiosum* failed to produce antifungal activity against *Aspergillus niger*.

**Table 3: Antifungal activity of flower extract of *C. religiosum***

Treatment	Colony diameter in cm (% inhibition)	
	<i>Curvularia</i> sp.	<i>Rhizopus</i> sp.
Control	3.53±0.05	7.00±0.00
Flower extract	2.03±0.05	3.53±0.05

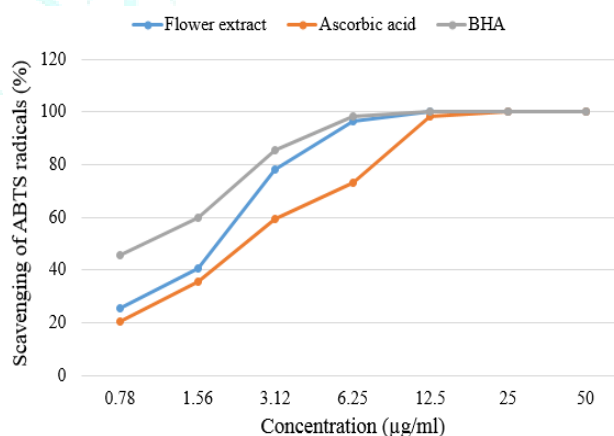
### DPPH free radical scavenging activity of flower extract

The method of scavenging of DPPH radicals is one of the most widely used in vitro antiradical assays. The method is simple, accurate and the results obtained are reproducible. The substances (antioxidants) reduce the purple colored DPPH radicals into yellow colored DPPHH (diphenylpicryl hydrazine). The method is extensively used to evaluate antiradical activity of plant extracts<sup>20,30,33,73-76</sup>. In the present study, the flower extract of *C. religiosum* was shown to exhibit marked dose dependent scavenging of DPPH radicals (Figure 2) as evidenced by bleaching of purple color of radical to yellow color. A scavenging activity of 50% and higher was shown by concentration viz. 3.12, 12.50 and 1.56µg/ml of flower extract, ascorbic acid and BHA, respectively. The flower extract exhibited marked activity (EC<sub>50</sub> value 2.72µg/ml) when compared to ascorbic acid (EC<sub>50</sub> value 4.52µg/ml), however, the activity of flower extract was slightly lesser than that of BHA (EC<sub>50</sub> value 2.43µg/ml). In earlier studies, the gum<sup>77</sup>, stem bark<sup>64</sup> and leaves<sup>63</sup> were shown to exhibit antiradical activity in DPPH assay.

**Figure 2: Scavenging of DPPH radicals by *C. religiosum* flower extract**

### ABTS free radical scavenging activity of flower extract

ABTS radical scavenging assays is yet another widely used in vitro antiradical assay being used commonly for evaluating radical scavenging nature of plant extracts. It differs from DPPH assay in that the ABTS radical has to be generated prior to assay and is done by mixing ABTS salt solution with an oxidizing agent such as potassium persulfate. In this assay, substances (compounds) having electron donating potential will reduce the blue-green colored ABTS radical solution to colorless neutral form<sup>30,73,74,75,76,78,79</sup>. In the present study, antiradical activity of flower extract of *C. religiosum* was also tested by ABTS radical scavenging assay. The flower extract was shown to exhibit concentration dependent scavenging of ABTS radicals (Figure 3). A scavenging activity of 50% and higher was observed at concentration 3.12, 3.12 and 1.56µg/ml of flower extract, ascorbic acid and BHA, respectively. Flower extract scavenged ABTS radicals more efficiently with an EC<sub>50</sub> value of 1.50µg/ml when compared to ascorbic acid (EC<sub>50</sub> value of 3.32µg/ml), however, the activity of flower extract was slightly lesser than that of BHA (EC<sub>50</sub> value of 1.42µg/ml).

**Figure 3: Scavenging of ABTS radicals by *C. religiosum* flower extract**

### Reducing activity of flower extract

The reducing capacity of an extract can be attributed to the presence of reductones and the presence of reductants (antioxidants) in the extract would result in the reduction of Fe<sup>+3</sup> to Fe<sup>+2</sup> by donating an electron. This reducing ability of an extract or the compound may serve as a significant indicator of its potential antioxidant activity. Ferric reducing assay is widely used to determine antioxidant activity of

plant extracts<sup>20,80-83</sup>. The reducing potential of flower extract was evaluated by ferric reducing assay. An increase in the absorbance was observed with an increase in the concentration of flower extract and ascorbic acid which indicates the reducing efficacy (Figure 4). In an earlier study by Bai et al.<sup>62</sup>, the methanolic extract of leaves of *C. religiosum* failed to exhibit antioxidant activity by ferric reducing assay.

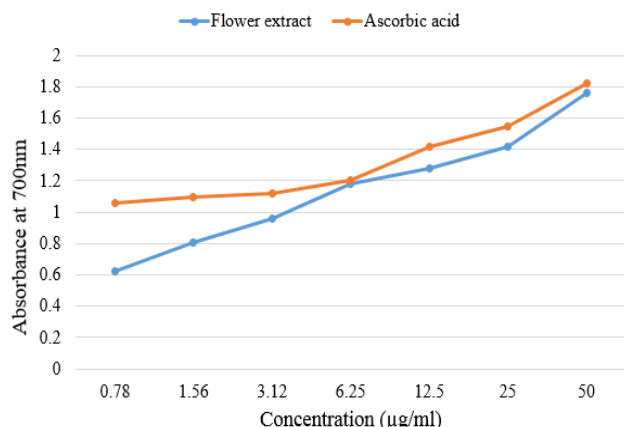


Figure 4: Reducing activity of *C. religiosum* flower extract

#### Mineral content of *C. religiosum* flower

Every individual need macronutrients and micronutrients in balanced proportion to lead healthy life. Nutrients such as carbohydrates, proteins and lipids form the major portion of the diet while nutrients such as mineral elements and vitamins are required in smaller proportion. Elements namely N, P, K, Ca, Mg and Na are considered to be the major elements as they are required in greater quantity while Fe, Mn, Zn, and Cu, are required in small quantity and hence, referred as minor elements. Although required in minor concentration, these mineral nutrients play indispensable role in the physiology of an individual. The absence of insufficiency of these elements results in some deficiency symptoms<sup>84-88</sup>. In the present study, we determined the quantity of major and minor elements in the flower of *C. religiosum* by various analytical methods and the result is shown in Table 4. Among major elements, the content of potassium was highest (1.533%) while the content of sodium was least (0.036%). Among minor elements, the content of iron (333.60ppm) and chromium (1.65ppm) was highest and least, respectively.

Table 4: Content of major and minor minerals in the flower

Major element	Quantity	Minor element	Quantity
Nitrogen (%)	1.020	Iron (ppm)	333.60
Phosphorous (%)	0.174	Manganese (ppm)	38.50
Potassium (%)	1.533	Zinc (ppm)	21.20
Calcium (%)	0.260	Copper (ppm)	10.80
Magnesium (%)	0.070	Chromium (ppm)	1.65
Sodium (%)	0.036	Nickel (ppm)	3.95

#### CONCLUSIONS

The study revealed potent antibacterial, antifungal, antiradical, ferric reducing and insecticidal activity of *C. religiosum* flower extract. The flower extract, in suitable form, can be used against microbial infections and oxidative damage induced by free radicals. In suitable formulation, the

plant can be exploited for the management of mosquito-borne diseases by interrupting the life cycle of mosquito vectors. The flower may be incorporated as food supplement as it is shown to contain marked quantity of major and minor mineral elements. Further in depth studies are merited in order to recover active principles from flower extract and to investigate their biological activities.

#### ACKNOWLEDGEMENTS

Authors thank Head, Department of Microbiology, and Principal, S.R.N.M.N College of Applied Sciences for the support. Authors extend their sincere thanks to N.E.S, Shivamogga for the moral encouragement. Authors also thank Mr. Sudarshan S.J, Research scholar, Pondicherry University, Pondicherry and Mr. Divakara R, Assistant Professor, Oxford College of Engineering, Bangalore, Mr. Sandeepa K.H and Mr. Pavan Kumar M.P, for their support.

#### SOURCES OF FUNDING

None

#### CONFLICTS OF INTEREST

None declared

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